



SENARAI MULA
KEJOHANAN OLAHRAGA TERBUKA POWPKL/MSWP/MILO 2024
JADUAL
Hari Pertama : 21hb Sep 2024 (Sabtu)

MASA 7.00 pg	NO ACARA 101A/B	ACARA 5000M	KATEGORI LELAKI	TAHAP AKHIR 1/2	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
5	402	MUHAMAD ASYHRAF BIN MOHAMAD ZAIDI	PDRM	15:43.76	1
15	224	HAZMAN AKMAL BIN MOHD ZALGHANI	PCOIH	16:11.71	2
5	11	David Meloche	BEBAS	16:47.04	3
10	36	MUHAMMAD MUADZ BIN ABD HALIM	TENTERA DARAT	17:04.19	4
4	24	LEE WEN JUN	W RUNNING TEAM	17:06.50	5
2	37	MUHAMMAD NALIF ADHAM BIN NAZLI	TENTERA DARAT	17:07.85	6
3	82	LOO KENG SHANE	PCOIH	17:21.75	7
17	315	SHREE RAM A/L RAMESH	BEBAS	17:27.67	8
11	04	LIM WEI QUAN	TARUMT	17:35.91	9
9	25	JED TEH QI XIAN	W RUNNING TEAM	17:38.93	10
1	38	MUHAMMAD FARHAN BIN SAMSUDIN	TENTERA DARAT	17:56.04	11
13	225	MUHAMMAD NOOR FAHMI BIN JAMIL	PCOIH	18:01.50	12
18	545	MOHD FARID BIN YUSOFF	PDRM	18:24.16	13
11	86	MUHAMMAD IHYAK BIN HIMAM	PCOIH	18:25.86	14
8	90	ZAIM MUAZZAM BIN MOHD AMIRUZ	SOCIAL ATHLETIC CLUB	18:35.63	15
12	183	MUHAMMAD SYAMIL BIN SUHARDI	KGR (BEBAS)	18:58.01	16
6	85	MUHAMMAD ABDUL AZIZ BIN AHMAD PAZILAH	PCOIH	19:01.24	17
2	83	IDHAM KHALIL	PCOIH	19:04.37	18
13	89	IRFAN FAHIMI BIN SUHAIRI	SOCIAL ATHLETIC CLUB	19:09.59	19
15	84	NIFAIL AZIM BIN ABD MUTALIB	PCOIH	19:21.34	20
14	121	JACOB NIDES	BARRACUDA ATHLETICS ACADEMY	19:21.39	21
10	30	LIM CHONG MENG	Little Grappy Running Academy	19:37.73	22
7	88	AMIRUL AFIQ BIN NASRUDDIN	PCOIH	19:42.53	23
14	334	CHONG HWEE YU	KAWAN ATHLETICS	19:46.11	24
9	31	LEE YI ZER	Little Grappy Running Academy	20:05.03	25
16	314	ADI BIN AZAM	BEBAS (ADI)	20:21.50	26
8	27	JESHWIINN E RATHA KRISHNAN	W RUNNING TEAM	21:01.44	27
7	445	Caden Lim Horen	CHK ATHLETICS	22:06.98	28
1	32	WIRAPUTRA DASS	Little Grappy Running Academy	22:17.89	29
16	416	G. SURESH KUMAR	KELAB OLAHRAGA SETIAWANGSA	26:09.41	30
4	03	SYAFIQ BIN MUHAMMAD IMRAN	BEBAS (SYAFIQ)		
6	23	GAN KAI EN	W RUNNING TEAM		
17	506	MUHAMMAD HAKIM HAFIZ BIN HAIRUNNAIN	SMK NILAI IMPIAN		
3	12	Alex Doucet	BEBAS		
12	87	AZROL AFZAN BIN ISMAIL	PCOIH		

MASA 8.00 pg	NO ACARA 102/1	ACARA 100m	KATEGORI Perempuan 10-12	TAHAP SARINGAN 1/5	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
4	197	NURATIA FALISHA BTE MOHAMAD NAZRUL NAZIB	BEECITY SQUAD	14.25	1
6	251	NURIZZATUL HASANAH BINTI MOHD BOHRINUDDIN	IKA TEAM	14.68	2
2	09	NUR LIYANA BINTI KHAIRUL MUZZAMIL	SERI PERMAISURI ATHLETIC	14.78	3
8	135	LOW VINCY	BEECITY SQUAD	15.54	4
5	327	JOSEPHINE LAW RU YEE	DOJ ATHLETICS	15.63	5
3	78	NUR WAFA AWLIYA BINTI MUHAMAD FARID	SRISEPS T&F TEAM	15.67	6
7	427	LIM HO QING	CHK ATHLETICS	16.52	7

MASA 8.00 pg	NO ACARA 102/2	ACARA 100m	KATEGORI Perempuan 10-12	TAHAP SARINGAN 2/6	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN

1					
2	136	SUMAYYAH BINTI MUHAMMAD ZAKI	BEECITY SQUAD		
4	198	NUR DAMIA BT MOHD ZULRINI	TCK/MSS PERAK	14.98	1
6	329	AMEERA QASRINA BINTI AHMAD FITRI	DOJ ATHLETICS	16.55	2
5	274	YAAKSHA NAIR	SEKOLAH RENDAH SATHYA SAI	16.80	3
3	33	LEE JIA EN	Little Grappy Running Academy	17.86	4
8	428	LIM ZI WAI	CHK ATHLETICS	19.32	5
7	113	ISLA SHORT	BARRACUDA ATHLETICS ACADEMY		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	102/3	100m	Perempuan 10-12	SARINGAN 3/6	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
5	137	HANNAH SOFEA BINTI HAIRUL NABEEL ISKANDAR	BEECITY SQUAD	14.35	1
6	200	NUR ALEYA MIASARA BT MOHAMAD FAIZ	TCK/MSS PERAK	14.62	2
3	430	Tan Yu Xuan	CHK ATHLETICS	15.44	3
4	114	ANASTASIA	BARRACUDA ATHLETICS ACADEMY	17.30	4
2	34	LEE JIA XI	Little Grappy Running Academy	17.32	5
7	275	SHRUTHILAYA A/P NARKUNAN	SEKOLAH RENDAH SATHYA SAI	18.23	6
8	330	RANEA DELISHA TIEHANI BINTI MUHAMMAD JOHAR	DOJ ATHLETICS	18.35	7

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	102/4	100m	Perempuan 10-12	SARINGAN 4/6	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2	433	LEE KAR MUN	CHK ATHLETICS	15.49	1
3	40	POH MAO XUAN	FALCON ATHLETICS	15.79	2
6	419	Tan Zi Xin	CHK ATHLETICS	16.13	3
5	185	LIEW YING YI JENETTE	SJKC KEPONG 1	16.76	4
4	122	AIREES IRISA	KAWAN ATHLETICS	17.51	5
8	276	SANYA RUBANESWARAN	SEKOLAH RENDAH SATHYA SAI	17.71	6
7	248	DHANYIA PUVANENDRAN	ROYAL SELANGOR CLUB	20.22	7

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	102/5	100m	Perempuan 10-12	SARINGAN 5/6	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2	42	ZARA MELANIE LIM SU ERN	FALCON ATHLETICS	15.46	1
7	420	Tan ZinRu	CHK ATHLETICS	15.98	2
4	123	HUNG YEN YING	KAWAN ATHLETICS	16.06	3
8	515	Dayaini a/p Lavanesh	Dr. Lavanesh	17.10	4
3	186	ARISSA IRENE AKMAL Binti ABDUL QAYYUM	SJKC KEPONG 1	18.34	5
5	249	ELIZABETH RETNA RAJ	ROYAL SELANGOR CLUB	19.16	6
6	278	LIM KOET YENN	SEKOLAH RENDAH SATHYA SAI		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	102/6	100m	Perempuan 10-12	SARINGAN 6/6	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
4	124	ZIA ALISYA BINTI MOHAMAD FAIRUZ	KAWAN ATHLETICS	15.25	1
3	77	NISREEN SAFFIYA BINTI KHAIRULAZUIN	SRISEPS T&F TEAM	17.23	2
5	187	NUR ALISA BINTI MOHAMMAD	SJKC KEPONG 1	17.35	3
8	426	Charice Chan Wai Yee	CHK ATHLETICS	17.43	4
7	294	ELLAINE SHREIYA FRANCIS	MBPJ	20.16	5
6	250	GURISHA T KAUR	ROYAL SELANGOR CLUB	20.19	6

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	103	LOMPAT JAUH	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7	476	MUHAMMAD SUNIK BIN MUSLIMIN	MAF	6.87	1

1	02	ADAM HAQIMI BIN AZRAIL	BEBAS (ADAM HAQIMI)	6.83	2
6	243	MOHAMMAD LUQMAN BIN MOHAMMAD ZUKI	PDRM	6.42	3
5	178	HARINDERJIT SINGH	BEBAS (HARINDERJIT)	6.15	4
10	242	MUHAMMAD EDIASYAMIN BIN EDIASMIZUL	PDRM	5.98	5
2	39	MUHAMMAD HAKIMI AIMAN BIN MOHD RAZIB	TENTERA DARAT	5.94	6
9	237	MUHAMMAD ADAM EZAMIR BIN NAZRI	Raptor X	5.79	7
3	76	Chai Meng Shen	KC TEAM	5.72	8
4	81	MUHAMMAD HAFIDZUL AIN BIN AIN	RSPV CLUB		
8	213	MOHAMAS SHAH SHOLIHIN B AZSHAR	TCK/MSS PERAK		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	104	Lombol Bergalah	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	70	DZURIANIS AQISYA BT DZURIAMIN AZMI	RSPV CLUB	2.86	1
1	69	SYAFIQAH BT MOHD AZRUL IKRAM	RSPV CLUB	2.86	2

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	105	LONTAR PELURU	Lelaki 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	220	MUHAMMAD QAYYUM BIN ABDULLAH	SEMSE	12:34m	1
1	219	AGHAAFI MIQAEEL BIN AFMARZAIRY	SEMSE	7.61m	2

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	106	Lempar Cakera	Lelaki 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	209	SIVANATHAN A/L MORGAN	TCK/MSS PERAK	38.09	1
2	335	ADAM IRSYAD BIN MOHD RAFIE	JESS ATHLETICS	31.48	2
4	512	MUHAMMAD WAFI FAKRULLAH BIN ABDULLAH	SMK DUHA (PLD REMBAU)	21.48	3
3	418	MUHAMMAD FARISH FARHAN BIN MOHD FAIRUZ	TAAC		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.20 pg	107/1	100m	Lelaki 10-12	SARINGAN 1/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
6	448	DARVIN A/L VICNESVARAN	JEYA RUNNING TEAM	14.60	1
5	190	CHOO LIANG YU	SJKC KEPONG 1	15.78	2
2	306	PRETHIVAN A/L UMASHANKAR	SEKOLAH RENDAH SATHYA SAI	15.93	3
7	313	SASHWIN A/L SURESH	SEKOLAH RENDAH SATHYA SAI	17.28	4
3	07	TARVESH RAO A/L VADIVELOO	BEBAS (TARVESH RAO)		
4	116	HARRIS ZIEHER ABDULLAH	BARRACUDA ATHLETICS ACADEMY		
8	358	AMIR ASYRAF BIN MOHD NIZAM	TCH ATHLETICS CLUB		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.20 pg	107/2	100m	Lelaki 10-12	SARINGAN 2/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
4	201	AHMAD KAMIL B AHMAD ROSLAN	TCK/MSS PERAK	12.89	1
7	374	Luke Odreck Tinggai Anak Lizstern	Coach Keney Run Clinique	13.34	2
2	138	AMMAR WAFEEQ	BEECITY SQUAD	14.44	3
6	321	NORAZMI FAIZ HAIQAL BIN NORHISHAM	SK SEKSYEN 24	14.56	4
3	192	LEE MENG FENG	SJKC KEPONG 1	14.69	5
8	516	Darshivan a/p Lavanesh	Dr. Lavaanesh	17.03	6
5	307	AVIYNN NAIR	SEKOLAH RENDAH SATHYA SAI		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.20 pg	107/3	100m	Lelaki 10-12	SARINGAN 3/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					

5	279	EMEER IDRAKI SIRHAN BIN MOHD SAIFUL	PLN PUTRAJAYA	13.35	1
7	434	WONG ZI XIANG	CHK ATHLETICS	15.16	2
6	323	MUHAMMAD ARFAN MIRZA BIN HASSAN	SK SEKSYEN 24	15.60	3
3	139	MUHAMMAD AFIQUE ADAM BIN MOHD AMIRUDIN	BEECITY SQUAD	15.90	4
4	193	LEE MENG XUAN	SJKC KEPONG 1	17.12	5
2	517	NISHAANNTH ABEL PULAINHIRAN	BEBAS	22.55	6
8	194	YAP WEI CHENG	SJKC KEPONG 1		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.20 pg	107/4	100m	Lelaki 10-12	SARINGAN 4/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
4	280	MIKHAIL RADYALIF BIN MOHD RAZAIDY	PLN PUTRAJAYA	13.27	1
6	447	KAVINRAJ A/L PUVANESWARAN	JEYA RUNNING TEAM	13.43	2
3	188	YIP QIN YAN	SJKC KEPONG 1	14.12	3
7	553	YUSUF BIN AMEER MOHAMAD AFFIF	DSSK	16.85	4
8	312	SARVESHWARA MAHESHWARA	SEKOLAH RENDAH SATHYA SAI	17.03	5
5	331	MUHAMMAD TAUFIQ BIN AMIR	DOJ ATHLETICS		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.20 pg	107/5	100m	Lelaki 10-12	SARINGAN 5/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
4	10	MUHAMMAD FAHRIN NAJMI BIN MOHD SHUKRI	SERI TASIK ATHLETIC	13.37	1
3	308	WONG KAI ZHENG	SEKOLAH RENDAH SATHYA SAI	14.80	2
7	44	TA CHU WEI	FALCON ATHLETICS	15.66	3
8	552	AMEER ALIFF BIN MEER SHAFIQ	DSSK	16.61	4
6	115	EZRA ARAMIZ	BARRACUDA ATHLETICS ACADEMY	16.63	5
5	195	CHESTER LIM CHEE HINS	SJKC KEPONG 1		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.40 pg	108/1	100m	Lelaki 13-15	SARINGAN 1/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7	387	MUHAMMAD ADAM DANISH B ABDULLAH	plmsd kuala selangor	11.91	1
3	53	RORY JASON CHAN	FALCON ATHLETICS	12.11	2
2	102	MUHAMMAD RAYYAN RAFFAEL BIN MOHD.SUBHY	SMK KOMPLEKS KLIA	12.81	3
5	145	AZRIL IMAN BIN MOHD IKHWAN	BEECITY SQUAD	13.27	4
4	127	MOHAMAD AIDAN ILHAN	KAWAN ATHLETICS	13.56	5
8	496	HARIZ FANHAZ BIN HARUN	SMK NILAI IMPIAN	13.97	6
1	17	MUHAMMAD FARREL HIDAYAT BIN AZWAN	SMK TAMAN DESA, RAWANG	14.55	7
6	247	LEWIS RETNA RAJ	ROYAL SELANGOR CLUB	15.80	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.40 pg	108/2	100m	Lelaki 13-15	SARINGAN 2/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	521	HA'IM DARWISY HAMSRYARI BIN MOHD RASHIDI	SSN PERAK	11.84	1
8	388	UQAIL HANI B SHAHA BAHA	plmsd kuala selangor	12.33	2
7	269	Muhammad Haziq bin Abdul Halim	SMK SERI TASIK	12.45	3
6	47	TENG KAI ZHE	FALCON ATHLETICS	12.46	4
2	54	DEVADARSYAN KUMAR	FALCON ATHLETICS	12.61	5
3	103	AKMALUDIN BIN SHAARI	SMK KOMPLEKS KLIA	13.30	6
4	128	PANG JIA ZHENG	KAWAN ATHLETICS	13.51	7
5	160	MUHAMAD AIDIL HAIQAL BIN MUHAMAD ZUKERI	D'KLAPSS	14.76	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.40 pg	108/3	100m	Lelaki 13-15	SARINGAN 3/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4	522	MUHAMAD IRFAN BIN NORIZAL	SSN PERAK	11.96	1

3	48	LUCAS RIREN NOEL ANAK DARYL	FALCON ATHLETICS	12.39	2
6	163	MUHAMMAD HARITH ARDANI BIN HAMIZAN	D'KLAPSS	12.47	3
8	405	NUH BIN KHAIRUL	HR CLUB	12.52	4
2	104	MUHAMMAD HAZEEM SYAMIM BIN HAMZAH	SMK KOMPLEKS KLIA	12.67	5
1	62	ADAM DANISH BIN ZULRAIDI WEE	SMK SEKSYEN 18	12.75	6
7	285	MUHAMMAD SYAHMI ZARIF BIN MOHD ZAINI	PLN PUTRAJAYA	12.90	7
5	129	ADIEL AMRAN BIN ALI AZMAN	KAWAN ATHLETICS	12.95	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.40 pg	108/4	100m	Lelaki 13-15	SARINGAN 4/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7	406	AARON AHMAD BIN AHMAD	HR CLUB	12.35	1
8	523	DANISH HEZRICK BIN MAXON DANIEL	SSN PERAK	12.62	2
1	98	MOHAMAD AKIF SYAKIR BIN SHUKOR	SMK SHAH ALAM	12.92	3
6	333	HUNG ZEN YING	KAWAN ATHLETICS	13.07	4
3	143	AHMAD HAKIIM BIN CHE MURAT	BEECITY SQUAD	13.14	5
5	49	KENZO WONG HONG YEU	FALCON ATHLETICS	13.29	6
2	118	AARUSH MEHTA	BARRACUDA ATHLETICS ACADEMY	13.34	7
4	164	MUHAMMAD HAMSURI BIN SHAMSURI	D'KLAPSS	13.70	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.40 pg	108/5	100m	Lelaki 13-15	SARINGAN 5/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	551	LEE TIAN LE	BEBAS (MELAKA)	11.81	1
7	361	NUR MUHAMMAD AZHAD BIN JAMALUDDIN	TCH ATHLETICS CLUB	12.29	2
8	441	NG ZHONG HAO	CHK ATHLETICS	12.36	3
5	144	MUHAMMAD ARYAN ROSHAN BIN MOHD FAIRUZ	BEECITY SQUAD	12.40	4
4	126	HON ZHONG QUAN	KAWAN ATHLETICS	13.03	5
3	99	GHAZI ZAHIRULHAQ BIN MOHD FARHAN	SMK SHAH ALAM	13.25	6
	51	DONAVON LAI JI HONG	FALCON ATHLETICS		
	205	MUHAMMAD AQIL HAFIZI ABDUL TALIB	TCK/MSS-PERAK		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.00 pg	109/1	800m	Lelaki 16-18	S/AKHIR 1/2	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
3	146				
4	271				
5	316				
6	394				
7	451	JERREL CHAN ZHENG FA	JEYA RUNNING TEAM		
8	271	Muhammad Nabil Hakim bin Mohd Nazri	SMK SERI TASIK		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.00 pg	109/2	800m	Lelaki 16-18	S/AKHIR 2/2	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
3	169				
4	293				
5	363				
6	409				
7	452	KHOO LIP CHONG	JEYA RUNNING TEAM		
8	501	MUHAMMAD AMIRUL HAKIMI BIN AFFENDY	SMK NILAI IMPIAN		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.20 pg	110/1	100m	Lelaki Terbuka	S/AKHIR 1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN

6	241	MUHAMMAD NOORHAYYAT BIN ABDUL AZIZ	Solo Club	11.12	1
2	15	Aliff Iman Bin Fahimi	B10 UPM	11.58	2
5	487	LIM WENCES	HELP UNIVERSITY	11.76	3
7	236	MUHAMMAD ILHAM BIN MOHAMMAD	Raptor X	11.79	4
3	133	LIM HONG XUN	KAWAN ATHLETICS	12.14	5
1	06	MUHAMMAD FAHMI BIN MOHD ROZI	UiTM	12.31	6
8	305	HARRISH POOBALAN	MBPJ	12.41	7
4	152	MOHD NOORDHAMIRI BIN MOHD AMRAN	BEECITY SQUAD	13.04	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.20 pg	110/2	100m	Lelaki Terbuka	S/AKHIR 2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
5	148	AHMAD HANIS AZFAR BIN MOHD NOR	BEECITY SQUAD	11.24	1
8	488	AMIRUL DANIAL BIN MOHD HASNI	HELP UNIVERSITY	11.31	2
6	174	DANIAL BAZLIE NAWAN	Team coach Lyles	11.89	3
7	242	MUHAMMAD EDIASYAMIN BIN EDIASMIZUL	PDRM	12.25	4
4	76	Chai Meng Shen	KC TEAM	12.28	5
2	484	ADRIEL YONG JOON KIT	HELP UNIVERSITY	12.46	6
1	238	MOHAMMAD ALIF RUSYAYDI BIN MOHAMMAD ROSTAN @ ROSTAM	Raptor X	12.81	7
3	13	Muhammad Yusridzwan Danial Bin Yusof	B10 UPM		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.20 pg	110/3	100m	Lelaki Terbuka	S/AKHIR 3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
8	14	Mohammad Raimi Bin Mustaffa Kamal	B10 UPM	11.01	1
7	486	NGEOW DEY REN	HELP UNIVERSITY	11.39	2
2	131	KHAIRIL SOLIHIN BIN ABDULLAH ROSLAN	KAWAN ATHLETICS	11.71	3
5	239	DANISH BIN MOHAMAD DARUS	Raptor X	11.86	4
1	543	MUHAMMAD DIN BIN NORBIK	PDRM	12.08	5
6	243	MOHAMMAD LUQMAN BIN MOHAMMAD ZUKI	PDRM	12.09	6
4	175	MOHD NUR IZZAD BIN HIZAM	Team coach Lyles	12.31	7
3	149	AL HAKIM BIN MAD SAID	BEECITY SQUAD		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.40 pg	111/1	100m	Lelaki 16-18	S/AKHIR 1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
8	508	ABDUL AZIZ BIN AHMAD SIROJI	SMK DUHA (PLD REMBAU)	12.16	1
6	60	BRYAN CHONG KAH CHUN	FALCON ATHLETICS	12.20	2
3	56	RAHUL RAJASWARAN	FALCON ATHLETICS	12.23	3
7	399	AIMAN FITRI B SAIFUL RASIDAN	plmsd kuala selangor	12.34	4
4	227	MOHAMAD YUSOF PUTRA BIN MOHD AZLAN	BJTNF	12.55	5
1	273	Muhammad Aimmim Aizat Bin Norulazman	SMK SERI TASIK	12.87	6
2	292	VINRAJ LEO	BEBAS (VINRAJ)		
5	260	BRYTON FOONG WEI HAO	KELAB OLAHRAGA TITIWANGSA ARASMAJU		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.40 pg	111/2	100m	Lelaki 16-18	S/AKHIR 2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7	391	PUTERA AHMAD DARWISY B AHMAD FAIZ	plmsd kuala selangor	11.32	1

6	287	AZEEM ISYRAF BIN AZRI	PLN PUTRAJAYA	11.64	2
8	408	MUHAMMAD ADAM HAIQAL BIN NOR AZWAN	HR CLUB	11.86	3
5	265	MUHAMMAD ASHRAF HAIKAL BIN SHAHRIZAL	SM SAINS TUANKU MUNAWIR	12.01	4
2	58	CHOONG JIA TUNG	FALCON ATHLETICS	12.15	5
1	555	Yap Chong Yi	TEAM ANTELOPE ATHLETICS	12.52	6
3	75	Ivan Chin Wing Lok	KC Team	13.03	7
4	228	MUHAMMAD SYAHMI HISYAM BIN NAZRULHISHAM	BJTNF		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.40 pg	111/3	100m	Lelaki 16-18	S/AKHIR 3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
5	272	Mohd Farhan Syafwan Bin Shamsuddin	SMK SERI TASIK	11.96	1
2	232	MUHAMMAD MUAZ ANAQI BIN MOHD KHIR	Raptor X	12.13	2
7	288	ISKANDAR ZULKARNAIN BIN MOHAMED HAFIZ	PLN PUTRAJAYA	12.23	3
6	393	MUHAMMAD HAZIQ B MOHD AZHAR	plmsd kuala selangor	12.38	4
3	59	JAYMEN LAU JUEN ZHENG	FALCON ATHLETICS	12.62	5
8	417	AHMAD AQIL BIN MOHD HAFEEZ HAZREEK	MELAKA	12.71	6
4	147	NEALFAIZ ADAM BIN MOHAMAD NAZRUL NAZIB	BEECITY SQUAD	12.73	7

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.00 pg	112/1	100m	Perempuan 13-15	S/AKHIR 1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
3	117	EMMA CAO	BARRACUDA ATHLETICS ACADEMY		
8	439	CHAN YAN YU	CHK ATHLETICS	14.01	1
5	45	LIM PEI YAO	FALCON ATHLETICS	15.25	2
4	246	PRISSHA ANEKA RAJ	ROYAL SELANGOR CLUB	15.62	3
6	367	ATHRISYA ANNDRIANA BT RAENY RAZLEE	IKA TEAM	17.32	4
7	376	AISYAH NOR HABRIYAH BT ARIFFUDDIN	Coach Keney Run Clinique		
9	520	INTAN ASMADANIA BINTI ABDULLAH	SSN PERAK		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.00 pg	112/2	100m	Perempuan 13-15	S/AKHIR 2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
8	440	QUAH YI EN	CHK ATHLETICS	13.61	1
4	154	NURAMISYA AKMAR BINTI AHMAD ZAINAL	D'KLAPSS	14.37	2
3	46	WAN RANYA AYESHA BINTI WAN IMRAN NURMAN	FALCON ATHLETICS	14.80	3
7	404	FATHIA FAQIHAH BTE ABD RAHIM	HR CLUB	14.96	4
9	554	ZOEY HO SZE MUN	TEAM ANTELOPE ATHLETICS	16.17	5
6	372	PUTRI ELLISSA QISTINA BT MOHD IZUWAN	SMK PUTRA	16.85	6
5	296	MEGHAN ANUSRI FRANCIS	MBPJ	17.54	7

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.00 pg	112/3	100m	Perempuan 13-15	S/AKHIR 3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					

2					
3	63	WONG RUO HAN	THE HUNTER	13.47	1
8	489	DANICA WONG	HELP UNIVERSITY	14.13	2
6	375	Jenna Estilina Herrera	Coach Keney Run Clinique	14.55	3
7	436	Clarice Chan Wai Yan	CHK ATHLETICS	15.33	4
5	297	NICOLE FRANCIS	MBPJ	16.43	5
4	196	LIEW YING EN JENELLE	SJKC KEPONG 1		
9					

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.00 pg	113	LONTAR PELURU	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	176	MUHAMMAD EZAM BIN MUHTAZA	UNIVERSITI PUTRA MALAYSIA	9.77	1
2	245	MUHAMMAD AKMAL BIN MUHAMAD NAZIR	TAAC	9.28	2
3	446	Lim Kok Leong	CHK ATHLETICS	9.15	3

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.00 pg	114	Lompat Tinggi	Perempuan 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	404	FATHIA FAQIHAH BINTI ABD RAHIM	HR CLUB	1.35	1
1	468	GOH HUI YI	SMK PEREMPUAN PUDU	1.25	2
2	469	LIM XIN YU	SMK PEREMPUAN PUDU		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.00 pg	115	Rejam Lembing	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	212	NURUL SYAFIQAH SYAMIMI BT ROSDI	TCK/MSS PERAK	28.78	1
2	291	YAP QINYI	Quantum Athletics	28.18	2

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.00 pg	116	Lompat Jauh	Lelaki 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	74	Hafrid Bin Hazlim	KC Team	6.86	1
6	510	MUHAMMAD DANISH SYAKIR BIN ABU BAKAR	SMK DUHA (PLD REMBAU)	6.20	2
1	396	FERDAUS IJAZ B MUHAMMADIAH ZULKIFLI	plmsd kuala selangor	5.94	3
10	511	MUHAMMAD ALIFF HAIQAL BIN MOHD TAUFIK	SMK DUHA (PLD REMBAU)	5.68	4
8	354	BENEDICT JELSON	THE HUNTER	5.55	5
9	397	MUHAMMMAD AIMAN FIRDAUS B ERNI HELMIZAN	plmsd kuala selangor	5.54	6
2	507	MUHAMMAD HAFIZUDDIN BIN MUHAMAD FAIZAL	SMK DUHA (PLD REMBAU)	5.16	7
4	146	AISY WAFEEQ	BEECITY SQUAD	4.41	8
5	400	MOHAMAD IMRAN AQIL B MOHD NIZAM	plmsd kuala selangor		
7	260	BRYTON FOONG WEI HAO	KELAB OLAHRAGA TITIWANGSA ARASMAJU		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.20 pg	117/1	100m	Lelaki 13-15	S/AKHI1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	521	HA'IM DARWISY HAMSARI BIN MOHD RASHIDI	SSN PERAK	11.56	1
5	406	AARON AHMAD BIN AHMAD	HR CLUB	11.61	2
4	53	RORY JASON CHAN	FALCON ATHLETICS	11.96	3
7	163	MUHAMMAD HARITH ARDANI BIN HAMIZAN	D'KLAPSS	12.20	4
8	523	DANISH HEZRICK BIN MAXON DANIEL	SSN PERAK	12.21	5
1	102	MUHAMMAD RAYYAN RAFFAEL BIN MOHD.SUBHY	SMK KOMPLEKS KLIA	12.30	6
6	144	MUHAMMAD ARYYAN ROSHAN BIN MOHD FAIRUZ	BEECITY SQUAD	12.40	7
2	129	ADIEL AMRAN BIN ALI AZMAN	KAWAN ATHLETICS		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.20 pg	117/2	100m	Lelaki 13-15	S/AKHI2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	551	LEE TIAN LE	BEBAS (MELAKA)	11.63	1

7	47	TENG KAI ZHE	FALCON ATHLETICS	12.22	2
6	48	LUCAS RIREN NOEL ANAK DARYL	FALCON ATHLETICS	12.26	3
1	62	ADAM DANISH BIN ZULRAIDI WEE	SMK SEKSYEN 18	12.53	4
8	54	DEVADARSYAN KUMAR	FALCON ATHLETICS	12.58	5
2	98	MOHAMAD AKIF SYAKIR BIN SHUKOR	SMK SHAH ALAM	12.67	6
4	522	MUHAMAD IRFAN BIN NORIZAL	SSN PERAK		
5	388	UQAIL HANI B SHAHA BAHA	plmsd kuala selangor		
MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.20 pg	117/3	100m	Lelaki 13-15	S/AKHI3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	387	MUHAMMAD ADAM DANISH B ABDULLAH	plmsd kuala selangor	11.82	1
4	361	NUR MUHAMMAD AZHAD BIN JAMALUDDIN	TCH ATHLETICS CLUB	12.06	2
5	441	NG ZHONG HAO	CHK ATHLETICS	12.186	3
7	405	NUH BIN KHAIRUL	HR CLUB	12.188	4
6	269	Muhammad Haziq bin Abdul Halim	SMK SERI TASIK	12.44	5
1	285	MUHAMMAD SYAHMI ZARIF BIN MOHD ZAINI	PLN PUTRAJAYA	12.61	6
8	104	MUHAMMAD HAZEEM SYAMIM BIN HAMZAH	SMK KOMPLEKS KLIA	12.77	7
2	126	HON ZHONG QUAN	KAWAN ATHLETICS	12.90	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.40 pg	118/1	100m	Perempuan 10-12	S/AKHIR 1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	197	NURATIA FALISHA BTE MOHAMAD NAZRUL NAZIB	BEECITY SQUAD	14.12	1
4	251	NURIZZATUL HASANAH BINTI MOHD BOHRINUDDIN	IKA TEAM	14.31	2
6	433	LEE KAR MUN	CHK ATHLETICS	14.95	3
5	124	ZIA ALISYA BINTI MOHAMAD FAIRUZ	KAWAN ATHLETICS	15.04	4
7	78	NUR Wafa AWLIYA BINTI MUHAMAD FARID	SRISEPS T&F TEAM	15.71	5
8	123	HUNG YEN YING	KAWAN ATHLETICS	15.85	6
1	329	AMEERA QASRINA BINTI AHMAD FITRI	DOJ ATHLETICS	16.33	7
2	515	Dayaini a/p Lavanesh	Dr. Lavanesh		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.40 pg	118/2	100m	Perempuan 10-12	S/AKHIR 2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	137	HANNAH SOFEA BINTI HAIRUL NABEEL ISKANDAR	BEECITY SQUAD	14.24	1
4	09	NUR LIYANA BINTI KHAIRUL MUZZAMIL	SERI PERMAISURI ATHLETIC	14.52	2
5	430	Tan Yu Xuan	CHK ATHLETICS	14.98	3
6	135	LOW VINCY	BEECITY SQUAD	15.43	4
8	419	Tan Zi Xin	CHK ATHLETICS	15.94	5
7	40	POH MAO XUAN	FALCON ATHLETICS	16.28	6
1	185	LIEW YING YI JENETTE	SJKC KEPONG 1	16.49	7
2	77	NISREEN SAFFIYA BINTI KHAIRULAZUIN	SRISEPS T&F TEAM	16.97	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.40 pg	118/3	100m	Perempuan 10-12	S/AKHIR 3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	427	LIM HO QING	CHK ATHLETICS		
2	114	ANASTASIA	BARRACUDA ATHLETICS ACADEMY		
3	200	NUR ALEYA MIASARA BT MOHAMAD FAIZ	TCK/MSS PERAK	14.34	1
4	198	NUR DAMIA BT MOHD ZULRAINI	TCK/MSS PERAK	14.62	2
5	42	ZARA MELANIE LIM SU ERN	FALCON ATHLETICS	15.22	3
6	327	JOSEPHINE LAW RU YEE	DOJ ATHLETICS	15.66	4
7	420	Tan ZinRu	CHK ATHLETICS	15.72	5
8	274	YAAKSHA NAIR	SEKOLAH RENDAH SATHYA SAI		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
11.00 pg	119/1	100m	Lelaki 10-12	S/AKHIR 1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	552	AMEER ALIFF BIN MEER SHAFIQ	DSSK		
2	516	Darshivan a/p Lavanesh	Dr. Lavanesh		
3	201	AHMAD KAMIL B AHMAD ROSLAN	TCK/MSS PERAK	12.64	1
4	279	EMEER IDRABI SIRHAN BIN MOHD SAIFUL	PLN PUTRAJAYA	12.92	2
5	188	YIP QIN YAN	SJKC KEPONG 1	14.17	3
6	448	DARVIN A/L VICNESVARAN	JEYA RUNNING TEAM	14.50	4
7	434	WONG ZI XIANG	CHK ATHLETICS	15.17	5
8	190	CHOO LIANG YU	SJKC KEPONG 1	15.46	6

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
11.00 pg	119/2	100m	Lelaki 10-12	S/AKHIR2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	115	EZRA ARAMIZ	BARRACUDA ATHLETICS ACADEMY		
2	312	SARVESHWARA MAHESHWARA	SEKOLAH RENDAH SATHYA SAI		
4	10	MUHAMMAD FAHRIN NAJMI BIN MOHD SHUKRI	SERI TASIK ATHLETIC	12.98	1
3	280	MIKHAIL RADYALIF BIN MOHD RAZAIDY	PLN PUTRAJAYA	13.21	2
5	138	AMMAR WAFEEQ	BEECITY SQUAD	14.19	3
6	192	LEE MENG FENG	SJKC KEPONG 1	14.98	4
7	323	MUHAMMAD ARFAN MIRZA BIN HASSAN	SK SEKSYEN 24	15.60	5
8	139	MUHAMMAD AFIQUE ADAM BIN MOHD AMIRUDIN	BEECITY SQUAD	15.78	6

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
11.00 pg	119/3	100m	Lelaki 10-12	S/AKHIR3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	553	YUSUF BIN AMEER MOHAMAD AFFIF	DSSK		
3	374	Luke Odreck Tinggai Anak Lizsthern	Coach Keney Run Clinique	13.02	1
4	447	KAVINRAJ A/L PUVANESWARAN	JEYA RUNNING TEAM	13.21	2
5	321	NORAZMI FAIZ HAIQAL BIN NORHISHAM	SK SEKSYEN 24	14.28	3
6	308	WONG KAI ZHENG	SEKOLAH RENDAH SATHYA SAI	14.72	4
2	193	LEE MENG XUAN	SJKC KEPONG 1	17.67	5
7	44	TA CHU WEI	FALCON ATHLETICS		
8	306	PRETHIVAN A/L UMASHANKAR	SEKOLAH RENDAH SATHYA SAI		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
2.00 ptg	120	Lombol Bergalah	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	110	MUHAMMAD NAUFAL BIN SHAHRUL AFZAM	MALAYSIA ATHLETICS FEDERATION	4.80	1
1	73	ABU BAKAR BIN ABDUL WAHID	RSPV CLUB	4.00	2
2	71	DARRICK ACHO BALLANG	RSPV CLUB	3.80	3
4	72	MUHAMMAD ISYRAF BIN NORHAIZAL	RSPV CLUB		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
2.00 ptg	121	Lompat Tinggi	Lelaki 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
6	207	NG KAI LUN	TCK/MSS PERAK	1.85	1
1	208	KHOR TING KUANG	TCK/MSS PERAK	1.85	2
3	525	MUHAMMAD ZAHIR ARSYAD BIN AHMAD AMIR	SSN PERAK	1.75	3
4	396	FERDAUS IJAZ B MUHAMMADIAH ZULKIFLI	plmsd kuala selangor	1.70	4
5	511	MUHAMMAD ALIFF HAIQAL BIN MOHD TAUFIK	SMK DUHA (PLD REMBAU)	1.70	4
7	526	MUHAMMAD NAFIF AMSYAR BIN MUHAMAD ZULKIFLI	SSN PERAK	1.70	4
2	289	WAHYUDI FIRMANSHAH BIN SUHAIMI	SK LA SALLE (1) SENTUL		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
2.00 ptg	122	Lompat Jauh	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	475	NURUL ASHIKIN BINTI ABAS	MAF	5.78	1
3	80	NOOR SHAHREENA BT JAMIZAN	RSPV CLUB	5.03	2
4	180	KWOK KAI HEN	WINGS TEAM	4.13	3
1	182	NG WING YAN	WINGS TEAM	3.76	4

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
2.00 ptg	123	400m L/Berpagar	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					

2					
3	107	MAXIMILLIAN HANIFA JABBAR BIN MUHAMAD	SMK KOMPLEKS KLIA	63.94	1
5	270	Muhammad Adib Hazwan Bin Abdul Halim	SMK SERI TASIK	70.71	2
DNS	210	MUHAMMAD ADIB IRFAN B AZIZAN	TCK/MSS PERAK		
DNS	357	MUHAMMAD ADIB IRFAN BIN AZIZAN	BAGAN DATUK AA		
7					
8					

MASA 2.20 ptg	NO ACARA 124	ACARA 100m	KATEGORI Perempuan 10-12	TAHAP AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	197	NURATIA FALISHA BTE MOHAMAD NAZRUL NAZIB	BEECITY SQUAD	13.98	1
5	137	HANNAH SOFEA BINTI HAIRUL NABEEL ISKANDAR	BEECITY SQUAD	14.11	2
6	200	NUR ALEYA MIASARA BT MOHAMAD FAIZ	TCK/MSS PERAK	14.26	3
4	251	NURIZZATUL HASANAH BINTI MOHD BOHRINUDDIN	IKA TEAM	14.38	4
2	09	NUR LIYANA BINTI KHAIRUL MUZZAMIL	SERI PERMAISURI ATHLETIC	14.65	5
8	124	ZIA ALISYA BT MOHAMAD FAIRUZ	TCK/MSS PERAK	14.92	6
7	433	LEE KAR MUN	CHK ATHLETICS	14.96	7
1	430	Tan Yu Xuan	CHK ATHLETICS	14.99	8

MASA 2.30 ptg	NO ACARA 125	ACARA 100m	KATEGORI Lelaki 10-12	TAHAP AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	201	AHMAD KAMIL B AHMAD ROSLAN	TCK/MSS PERAK	12.82	1
5	10	MUHAMMAD FAHRIN NAJMI BIN MOHD SHUKRI	SERI TASIK ATHLETIC	13.11	2
4	279	EMEER IDRABI SIRHAN BIN MOHD SAIFUL	PLN PUTRAJAYA	13.18	3
6	374	Luke Odreck Tinggai Anak Lizstern	Coach Keney Run Clinique	13.21	4
7	280	MIKHAIL RADYALIF BIN MOHD RAZAIDY	PLN PUTRAJAYA	13.40	5
8	447	KAVINRAJ A/L PUVANESWARAN	JEYA RUNNING TEAM	13.52	6
2	138	AMMAR WAFEEQ	BEECITY SQUAD	14.30	7
1	188	YIP QIN YAN	SJKC KEPONG 1	14.73	8

MASA 2.40 PTG	NO ACARA 126	ACARA 100m	KATEGORI Perempuan 13-15	TAHAP AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	440	QUAH YI EN	CHK ATHLETICS	13.22	1
3	63	WONG RUO HAN	THE HUNTER	13.53	2
5	439	CHAN YAN YU	CHK ATHLETICS	13.61	3
6	489	DANICA WONG	HELP UNIVERSITY	13.95	4
7	154	NURAMISYA AKMAR BINTI AHMAD ZAINAL	D'KLAPSS	14.34	5
8	375	Jenna Estilina Herrera	Coach Keney Run Clinique	14.52	6
1	46	WAN RANYA AYESHA BINTI WAN IMRAN NURMAN	FALCON ATHLETICS	14.80	7
4	45	LIM PEI YAO	FALCON ATHLETICS	14.94	8

MASA 2.50 ptg	NO ACARA 127	ACARA 100m	KATEGORI Lelaki 13-15	TAHAP AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
5	551	LEE TIAN LE	BEBAS (MELAKA)	11.39	1
4	406	AARON AHMAD BIN AHMAD	HR CLUB	11.43	2
3	521	HA'IM DARWISY HAMSARI BIN MOHD RASHIDI	SSN PERAK	11.50	3
6	387	MUHAMMAD ADAM DANISH B ABDULLAH	plmsd kuala selangor	11.75	4
7	53	RORY JASON CHAN	FALCON ATHLETICS	12.05	5
8	361	NUR MUHAMMAD AZHAD BIN JAMALUDDIN	TCH ATHLETICS CLUB	12.1321	6
1	441	NG ZHONG HAO	CHK ATHLETICS	12.1329	7
2	47	TENG KAI ZHE	FALCON ATHLETICS	12.30	8

MASA 3.00 ptg	NO ACARA 128	ACARA 100m	KATEGORI Perempuan 16-18	TAHAP AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
3	153	NUR ADRIANA BATRISYA BINTI MOHAMMAD SHAHROM	BEECITY SQUAD	13.32	1
6	252	NURIZZATUL SAKINAH BINTI MOHD BOHRINUDDIN	IKA TEAM	14.41	2

8	166	ALYA ASHIQIN BINTI AZMAN	D'KLAPSS	14.56	3
7	465	TEJASVI	SMK PEREMPUAN PUDU	14.82	4
5	179	LEE YI WEN	WINGS TEAM	15.21	5
4	466	CHAN YIE QIAN	SMK PEREMPUAN PUDU	15.54	6
2	301	ESHAPREET KAUR TARMINDER SINGH	MBPJ	18.92	7

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.10 PTG	129	100m	Lelaki 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4	391	PUTERA AHMAD DARWISY B AHMAD FAIZ	plmsd kuala selangor	11.15	1
3	287	AZEEM ISYRAF BIN AZRI	PLN PUTRAJAYA	11.42	2
6	408	MUHAMMAD ADAM HAIQAL BIN NOR AZWAN	HR CLUB	11.71	3
5	272	Mohd Farhan Syafwan Bin Shamsuddin	SMK SERI TASIK	11.93	4
1	508	ABDUL AZIZ BIN AHMAD SIROJI	SMK DUHA (PLD REMBAU)	12.02	5
8	265	MUHAMMAD ASHRAF HAIKAL BIN SHAHRIZAL	SM SAINS TUANKU MUNAWIR	12.21	6
2	60	BRYAN CHONG KAH CHUN	FALCON ATHLETICS	12.34	7
DNS	232	MUHAMMAD MUAZ ANAQI BIN MOHD KHIR	Raptor X		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.20 ptg	130	100m	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
5	478	CHAN TONG FEI	HELP UNIVERSITY	13.27	1
6	184	LEE PING NEE	JOHOR	13.65	2
2	480	LIM SZE XUAN	HELP UNIVERSITY	13.71	3
8	482	LIM KAI TONG	HELP UNIVERSITY	14.34	4
3	483	WONG ZI SAN	HELP UNIVERSITY	14.57	5
7	479	ONG JAS MIN	HELP UNIVERSITY	14.92	6
4	381	Elianna Catrina Herrera	Coach Keney Run Clinique	15.35	7

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 PTG	131	100m	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
6	14	Mohammad Raimi Bin Mustaffa Kamal	B10 UPM	10.80	1
8	15	Aliff Iman Bin Fahimi	B10 UPM	10.98	2
4	488	AMIRUL DANIAL BIN MOHD HASNI	HELP UNIVERSITY	11.09	3
1	241	MUHAMMAD NOORHAYYAT BIN ABDUL AZIZ	Solo Club	11.11	4
5	148	AHMAD HANIS AZFAR BIN MOHD NOR	BEECITY SQUAD	11.17	5
7	486	NGEOW DEY REN	HELP UNIVERSITY	11.37	6
3	131	KHAIRIL SOLIHIN BIN ABDULLAH ROSLAN	KAWAN ATHLETICS	11.64	7
2	487	LIM WENCES	HELP UNIVERSITY	11.72	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 ptg	132	LONTAR PELURU	Lelaki 10-12	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
5	202	MUHAMMAD ARIEL DANIAL B ZARIF	TCK/MSS PERAK	12.83	1
7	373	Mohamad Danial Al Amran Bin Md Ashraf Uddin	Coach Keney Run Clinique	10.87	2
2	324	WAN MUHAMMAD SYAKUR AL-HAQ BIN WAN YUSDI	SK SEKSYEN 24	8.59	3
9	527	JYDEN CHAN ZIA HWANG	SJKC YUK CHAI	8.28	4
8	325	ABDUL QUDDUS BIN MUHAMMAD ZAQI	SK SEKSYEN 24	7.75	5
3	79	MUHAMMAD FARISH RAZMI BIN ABDUL RAFI	SRISEPS T&F TEAM	7.71	6
1	61	ANIQ DANISH BIN ZULRAIDI WEE	SK SERDANG	5.46	7
4	116	HARRIS ZIEHER ABDULLAH	BARRACUDA ATHLETICS ACADEMY		
6	309	DHIYANAN A/L MATHAN	SEKOLAH RENDAH SATHYA SAI		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 ptg	133	Baling Tukul Besi	Lelaki Terbuka	AKHIR	

BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	401	RIZHAN BIN RAJMI	PDRM	41.79	1
4	230	Sulaimi Arif Bin Samsudin	SRISEPS T&F TEAM	27.70	2
3	231	MOHAMMAD NAZIR BIN NAHORE MEERAH	SRISEPS T&F TEAM	20.30	3
1	541	MUHD ELVIN FARHAN BIN MUHD DANIEL RAJ	SRISEPS T&F TEAM		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 ptg	134	Lempar Cakera	Perempuan 16-18 / Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	167	NUR AISYAH SOLEHAH BINTI SAMSUR	D'KLAPSS	20.27	1
5	291	YAP QINYI	Quantum Athletics	18.97	2
1	93	AINUL HAJAR BINTI ROZLAN	SMK SHAH ALAM		
3	290	KU BALQIS BATRISHA KU AMERY	Quantum Athletics		
4	94	NUR AYU DAMIA BINTI MOHAMMAD SHARIF	SMK SHAH ALAM		
6	95	QEESYA TIHANIEY BINTI ASRUL RIZAL	SMK SHAH ALAM		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 ptg	134	Lempar Cakera	Perempuan 16-18 / Wanita Terbuka	AKHIR	
1	108	NUR ATIQAH SUFIAH BINTI MD. HANIZAM	MALAYSIA ATHLETICS FEDERATION	44.46	1

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 ptg	135/1	400m	Lelaki 16-18	SARINGAN 1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	223	MUHAMMAD SHAHRUL EIRFAN BIN ABDULLAH	SMK DONG	53.47	1
7	399	AIMAN FITRI B SAIFUL RASIDAN	plmsd kuala selangor	54.79	2
5	304	MONIVTAN SISUBALAN	MBPJ	55.40	3
1	146	AISY WAFEEQ	BEECITY SQUAD	59.02	4
8	500	NIRMALL A/L PRASATH	SMK NILAI IMPIAN	01:00.43	5
DNS	169	MUHAMMAD NUR IMAN BIN BADROL	D'KLAPSS		
DNS	292	VINRAJ LEO	BEBAS (VINRAJ)		
DNS	365	MUHAMMAD ADIB IRFAN BIN AZIZAN	BAGAN DATUK AA		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 ptg	135/2	400m	Lelaki 16-18	SARINGAN 2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	302	SAMUEL RUBEN KALU	MBPJ	52.94	1
8	407	IZZ RAYN BIN AZLAN	HR CLUB	54.06	2
1	170	MUHAMMAD DZIL IQRAM BIN MOHAMMAD NOOR	D'KLAPSS	54.50	3
5	147	NEALFAIZ ADAM BIN MOHAMAD NAZRUL NAZIB	BEECITY SQUAD	59.50	4
2	261	NG ZHI SEN	KELAB OLAMHRAJA TITIWANGSA ARASMAJU	1:01.18	5
6	392	MUHAMMAD DANISH ZAFRAN	plmsd kuala selangor	1:02.25	6
7	502	MUHAMMAD ADAM MIKAIL BIN MALEK	SMK NILAI IMPIAN	1:05.60	7
4	352	AHMAD FAKHRUL AIZAD BIN AHMAD FARIZAL	THE HUNTER		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 ptg	135/3	400m	Lelaki 16-18	SARINGAN 3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
5	303	DHARSHAN TAN SISUBALAN	MBPJ	53.38	1
7	394	NIK MUHAMMAD HAZIQ B AHIM	plmsd kuala selangor	53.72	2
6	364	FAWWAZ IRSHAD BIN MOHD FAIZUL	BAGAN DATUK AA	54.48	3
8	509	ADAM HAKIM BIN HASRUL	SMK DUHA (PLD REMBAU)	57.70	4
3	168	AHMAD RIDWAN BIN RASHI AKHBAR	D'KLAPSS	59.22	5
2	210	MUHAMMAD ADIB IRFAN B AZIZAN	TCK/MSS PERAK		
4	271	Muhammad Nabil Hakim bin Mohd Nazri	SMK SERI TASIK		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.00 ptg	136	800m	Perempuan 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	356	QASEY AIMY BINTI MOHD NOR HAIZAT	BAGAN DATUK AA	2:36.67	1
2	55	NORELLE CHEW ZEEN HSIU	FALCON ATHLETICS	2:39.35	2
4					
5					
6					
7					
8					

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.10 PTG	137	800m	Lelaki 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
5	316	TAN YONG ZHOU	MAPLE ATHLETICS	2:08.01	1
5	363	MUHAMMAD AMMAR HAIKAL BIN AZLEE	BAGAN DATUK AA	2:11.18	2
7	451	JERREL CHAN ZHENG FA	JEYA RUNNING TEAM	2:12.20	3
4	293	MUHAMMAD HAZIQ BIN MOHD HAIROL IZMI	AWE RUNNING TEAM	2:16.69	4
6	409	MUHAMMAD ADAM FATH BIN MOHD SALEMY	HR CLUB	2:19.36	5
3	146	AISY WAFEEQ	BEECITY SQUAD	2:20.54	6
7	452	KHOO LIP CHONG	JEYA RUNNING TEAM	2:22.54	7
DNS	394	NIK MUHAMMAD HAZIQ B AHIM	plmsd kuala selangor		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.20 ptg	138	800m	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
3	173	DELISHA AMANDA BINTI MUHAMAD EZUWAN	BEECITY SQUAD	2:41.57	1
6	64	NUR HAIDA SHAZIRA BT AHMAD HASROL	THE HUNTER	2:47.90	2
5	423	Cayla Lim Yucen	CHK ATHLETICS	3:01.63	3
4	263	TAN WEI XUAN	KELAB OLAHRAGA TITIWANGSA ARASMAJU	3:32.73	4
DNS	120	ALYSSA YIM ZI YI	BARRACUDA ATHLETICS ACADEMY		
7					
8					

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.30 ptg	139	Lompat Jauh	Perempuan 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	153	NUR ADRIANA BATRISYA BINTI MOHAMMAD SHAHROM	BEECITY SQUAD	5.19	1
1	106	ATHIRAH BATRISYA BINTI ABDUL RAZAK	SMK KOMPLEKS KLIA	4.26	2
3	211	FARAH SYAKIRA BT AZIFSAFARIN	TCK/MSS PERAK		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.30 ptg	140	Lontar Peluru	Perempuan 10-12	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	424	Tay pei nee	CHK ATHLETICS	6.76	1
4	528	VICTORIA LEE SHIN YEE	SJKC YUK CHAI	6.65	2
5	539	KEE PEARLY PEARL XIN HAN JI	BARRACUDA ATHLETICS ACADEMY	6.55	3
2	326	CHELLYN JENNE ANAK CLIFF SANGA	DOJ ATHLETICS	6.06	4
1	249	ELIZABETH RETNA RAJ	ROYAL SELANGOR CLUB	4.20	5

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.30 ptg	141	Baling Tukul Besi	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	514	GRACE WONG XIU MEI	MALAYSIA ATHLETICS FEDERATION	52.72	1
1	244	CEMPAKA ZAHRAA BINTI IZWAN	TAAC	26.94	2

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.30 ptg	142/1&2	800m	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
4	384	Mohamad Danish Al Miran Bin Md Ashraf Uddin	Coach Keney Run Clinique	2:07.49	1
5	67	MUHAMMAD ASRI BIN ABDUL RAHMAN	THE HUNTER	2:08.13	2
6	383	Chan Jia Jie	Coach Keney Run Clinique	2:08.42	3
3	130	AQIL AMANI BIN MISNI	KAWAN ATHLETICS	2:10.99	4
7	385	Limarl Adelrick Abdullah	Coach Keney Run Clinique	2:15.96	5
6	513	AVINASH KUMAR	KAWAN ATHLETICS	2:20.25	6
3	382	Hasdev Singh	Coach Keney Run Clinique	2:20.59	7
4	171	MUHAMMAD HARIZ BIN ANAS NUR SAIFUDDIN	D'KLAPSS	2:21.27	8
5	540	NOA TERASHITA	BARRACUDA ATHLETICS ACADEMY	2:23.68	9
DNS	544	EUSOFREY BIN HANIS	PDRM		
7					
8					

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.40 ptg	143	4x100m Lari Berganti-ganti	Perempuan 10-12	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
5		FALCON ATHLETICS	FALCON ATHLETICS	57.77	1
6		CHK ATHLETICS A	CHK ATHLETICS A	58.55	2
7		DOJ ATHLETICS	DOJ ATHLETICS	61.67	3
3		CHK ATHLETICS B	CHK ATHLETICS B	62.31	4
8		CHK ATHLETICS C	CHK ATHLETICS C	66.19	5
DNS		SEKOLAH RENDAH SATHYA SAI	SEKOLAH RENDAH SATHYA SAI		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.50 ptg	144	4x100m Lari Berganti-ganti	Lelaki 10-12	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
7		SJJC YUK CHAI A	SJJC YUK CHAI A	53.45	1
3		SJJC YUK CHAI B	SJJC YUK CHAI B	54.27	2
4		JEYA RUNNING TEAM	JEYA RUNNING TEAM	57.62	3
6		SK SEKSYEN 24	SK SEKSYEN 24	67.15	4
DNS		SEKOLAH RENDAH SATHYA SAI	SEKOLAH RENDAH SATHYA SAI		
8					

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
5.00 ptg	145	4x100m Lari Berganti-ganti	Perempuan 13-15	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
6		CHK ATHLETICS	CHK ATHLETICS	55.55	1
8		SMK NILAI IMPIAN	SMK NILAI IMPIAN	56.76	2
7		SMK PEREMPUAN PUDU A	SMK PEREMPUAN PUDU A	60.08	3
4		D'KLAPSS	D'KLAPSS	62.51	4

3		SMK PEREMPUAN PUDU B	SMK PEREMPUAN PUDU B	62.92	5
DNS		BB RUNNING	BB RUNNING		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
5.10 ptg	146	4x100m Lari Berganti-ganti	Lelaki 13-15	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
3		FALCON ATHLETICS	FALCON ATHLETICS	46.76	1
8		CHK ATHLETICS	CHK ATHLETICS	47.56	2
4		SMK KOMPLEKS KLIA	SMK KOMPLEKS KLIA	48.58	3
5		KAWAN ATHLETICS	KAWAN ATHLETICS	49.43	4
7		plmsd kuala selangor	plmsd kuala selangor	53.02	5
2		SMK NILAI IMPIAN	SMK NILAI IMPIAN	54.70	6
DNS		TCH ATHLETICS CLUB	TCH ATHLETICS CLUB		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
5.20 ptg	147	4x100m Lari Berganti-ganti	Perempuan 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2		SMK PEREMPUAN PUDU	SMK PEREMPUAN PUDU	59.79	1

NOTA: ACARA NO 147 & 149 LARI BERGANTI-GANTI KAT. 16-18 & KAT. WANITA TERBUKA AKAN BERLARI SEKALI DAN KEPUTUSAN AKAN BERASING

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
5.30 ptg	148	4x100m Lari Berganti-ganti	Lelaki 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7		TG ATHLETICS	TG ATHLETICS	44.86	1
6		plmsd kuala selangor A	plmsd kuala selangor A	44.88	2
8		HR CLUB	HR CLUB	45.88	3
3		FALCON ATHLETICS	FALCON ATHLETICS	46.65	1
9		Raptor X	Raptor X	46.90	4
2		SMK DUHA (PLD REMBAU)	SMK DUHA (PLD REMBAU)	47.51	2
5		JEYA RUNNING TEAM	JEYA RUNNING TEAM	48.01	5
1		plmsd kuala selangor B	plmsd kuala selangor B	48.60	3
4		BJTNF	BJTNF	49.32	4

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
5.20 ptg	149	4x100m Lari Berganti-ganti	Wanita Terbuka/	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7		HELP UNIVERSITY	HELP UNIVERSITY	53.55	1
4		KAWAN ATHLETICS	KAWAN ATHLETICS	53.86	2
6		BB RUNNING	BB RUNNING	58.03	3
5		WINGS TEAM	WINGS TEAM	64.31	4
8					

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
5.40 ptg	150	4x100m Lari Berganti-ganti	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
8		HELP UNIVERSITY	HELP UNIVERSITY	43.91	1
4		BEECITY SQUAD	BEECITY SQUAD	44.50	2
7		Team coach Lyles	Team coach Lyles	44.56	3
3		KAWAN ATHLETICS	KAWAN ATHLETICS	45.34	4
6		KELAB OLAHRAGA SETIAWANGSA	KELAB OLAHRAGA SETIAWANGSA	46.08	5
5		Raptor X	Raptor X	46.10	6