



**SENARAI MULA**  
**KEJOHANAN OLAHRAGA TERBUKA POWPKL/MSWP/MILO 2024**  
**JADUAL**  
**Hari Kedua : 22hb Sep 2024 (Ahad)**

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
7.30 pg	201	5,000m	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	29	LOH CHOOI FERN	Little Grappy Running Academy	21:33.86	1
4	18	YAP XIAO TONG	W RUNNING TEAM	23:14.68	2
5	380	Serapin Ling Ai	Coach Keney Run Clinique	25:05.84	3
DNS	05	THAERISHA A/P THANASEGARAN	COACH DIN ATHLETICS CLUB		
DNS	22	NG WEN MAY	W RUNNING TEAM		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	202/1	200m	Perempuan 10-12	Saringan 1/4	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	09	NUR LIYANA BINTI KHAIRUL MUJIB	SERI PERMAISURI ATHLETIC	30.66	1
2	433	LEE KAR MUN	CHK ATHLETICS	31.79	2
3	42	ZARA MELANIE LIM SU ERN	FALCON ATHLETICS	32.00	3
7	327	JOSEPHINE LAW RU YEE	DOJ ATHLETICS	32.46	4
5	136	SUMAYYAH BINTI MUHAMMAD	BEECITY SQUAD	32.60	5
4	122	AIREES IRISA	KAWAN ATHLETICS	35.80	6
8	426	Charice Chan Wai Yee	CHK ATHLETICS	36.09	7
DNS	274	YAAKSHA NAIR	SEKOLAH RENDAH SATHYA SAI		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	202/2	200m	Perempuan 10-12	Saringan 2/4	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
8	490	Carissa Hoh	SMK PEREMPUAN PUDU	30.04	1
4	200	NUR ALEYA MIASARA BT MOHAMAD	TCK/MSS PERAK	30.76	2
2	43	ALEAH CHE WAN BINTI IWAN CHAI	FALCON ATHLETICS	31.55	3
3	123	HUNG YEN YING	KAWAN ATHLETICS	33.29	4
5	295	MAAYA LAKSHMIE	MBPJ	34.28	5
7	429	NAUAAL AMEYLA BINTI MAHFID	CHK ATHLETICS	34.66	6
6	328	AMIRA FATINI BINTI SHAHRIDZA	DOJ ATHLETICS	35.79	7
1	33	LEE JIA EN	Little Grappy Running Academy	38.66	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	202/3	200m	Perempuan 10-12	Saringan 3/4	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	124	ZIA ALISYA BINTI MOHAMAD FAZL	KAWAN ATHLETICS	31.27	1
6	318	Ang Shi Wen	SJKC Puay Chai 2	32.37	2
1	113	ISLA SHORT	BARRACUDA ATHLETICS ACADEMY	32.40	3
8	431	EMILY WONG LI YI	CHK ATHLETICS	33.10	4
5	329	AMEERA QASRINA BINTI AHMAD	DOJ ATHLETICS	35.04	5
7	515	Dayaini a/p Lavanesh	Dr. Lavanesh	35.25	6
3	34	LEE JIA XI	Little Grappy Running Academy	37.83	7
4	248	DHANYIA PUVANENDRAN	ROYAL SELANGOR CLUB	44.36	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	202/4	200m	Perempuan 10-12	Saringan 4/4	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	41	ALYSSA GOH XIN QING	FALCON ATHLETICS	30.12	1
8	326	CHELLYN JENNE ANAK CLIFF SANGA	DOJ ATHLETICS	31.81	2
1	432	YIM SZI LIN	CHK ATHLETICS	33.02	3

4	135	LOW VINCY	BEECITY SQUAD	33.14	4
6	419	Tan Zi Xin	CHK ATHLETICS	33.41	5
DNS	114	ANASTASIA	BARRACUDA ATHLETICS ACADEMY		
DNS	251	NURIZZATUL HASANAH BINTI MOHD BOHRINUDDIN	IKA TEAM		
DNS	518	ARINEE A/P KUMAR	SMK NILAI IMPIAN		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	203	Lontar Peluru	Lelaki 13-15	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4	477	AMIR MIQDAD BIN MOHD FAIZO	THE HUNTER	14.79	1
6	360	MUHAMMAD HAFIY BIN MOHD	TCH ATHLETICS CLUB	14.40	2
3	217	MUHAMMAD AL-QAYEEM ZAQU	SEMSE	8.77	3
5	218	MOHAMAD AIMAN DANIAL BIN	SEMSE	8.28	4
1	216	MUHAMMAD IYAD ISKANDAR BIN MOHD KHUSAIRI	SEMSE	7.79	5

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	204	Lompat Kijang	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	196	LIEW YING EN JENELLE	SJKC KEPONG 1	10.37	1
1	106	ATHIRAH BATRISYIA BINTI ABDU	SMK KOMPLEKS KLIA	9.84	2
4	410	NUR ALEESYA MIA SARA MOHAN	PO KERIAN	9.82	3

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.00 pg	205	Lompat Tinggi	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	111	KUAN JYN YUNN	MALAYSIA ATHLETICS FEDERATION	2.00	1
4	338	DYLLON THYE WENG RATCHAGA	JAIHUN TEAM	2.00	2
1	66	MOH KHYE DOONG	THE HUNTER	1.95	3
6	339	FAWWAZ MUHAMMAD 'ILMI	JAIHUN TEAM	1.90	4
2	340	AL AFDAL MIRZA SYAHMI BIN KA	JAIHUN TEAM	1.90	5
5	264	HAYDEN CHEW HUNG JIN	KELAB OLAHRAGA TITIWANGSA ARASMAJU	1.45	6

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.20 pg	206/1	200m	Lelaki 13-15	SARINGAN 1/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7	347	MUHAMMAD HAFIZ RAIS BIN KAMARUDDIN	THE HUNTER	24.88	1
8	53	RORY JASON CHAN	FALCON ATHLETICS	24.89	2
6	269	Muhammad Haziq bin Abdul Halim	SMK SERI TASIK	25.23	3
5	47	TENG KAI ZHE	FALCON ATHLETICS	25.42	4
3	143	AHMAD HAKIIM BIN CHE MURAT	BEECITY SQUAD	26.13	5
2	126	HON ZHONG QUAN	KAWAN ATHLETICS	27.21	6
4	161	MUHAMMAD FIRAS DANIEL BIN MOHD SAZALI	D'KLAPSS	30.00	7

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.20 pg	206/2	200m	Lelaki 13-15	SARINGAN 2/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	551	LEE TIAN LE	BEBAS (MELAKA)	23.88	1
8	284	MUHAMMAD HAZIM BIN SAKRI	PLN PUTRAJAYA	24.08	2
5	144	MUHAMMAD ARYYAN ROSHAN BIN MOHD FAIRUZ	BEECITY SQUAD	25.51	3
3	54	DEVADARSYAN KUMAR	FALCON ATHLETICS	25.96	4
4	127	MOHAMAD AIDAN ILHAN	KAWAN ATHLETICS	28.29	5
2	299	SASHVIN AVINASH MARRAN	MBPJ	28.94	6
6	162	MUHAMMAD ZAFRAN NUFAEL BIN MOHD HISHAM	D'KLAPSS	33.44	7
DNS	48	LUCAS RIREN NOEL ANAK DARYL	FALCON ATHLETICS		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.20 pg	206/3	200m	Lelaki 13-15	SARINGAN 3/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7	388	UQAIL HANI B SHAHA BAHA	plmsd kuala selangor	24.74	1

8	304	MONIVTAN SISUBALAN	MBPJ	25.21	2
5	163	MUHAMMAD HARITH ARDANI BIN HAMIZAN	D'KLAPSS	25.49	3
6	286	MUHAMMAD ADAM HADZIQ BIN ABDULLAH SANI	PLN PUTRAJAYA	25.51	4
2	62	ADAM DANISH BIN ZULRAIDI WEE	SMK SEKSYEN 18	26.42	5
3	50	ISAAC TEOH JIUN MING	FALCON ATHLETICS	27.62	6
4	496	HARIZ FANHAZ BIN HARUN	SMK NILAI IMPIAN	28.53	7

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.20 pg	206/4	200m	Lelaki 13-15	SARINGAN 4/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	129	ADIEL AMRAN BIN ALI AZMAN	KAWAN ATHLETICS	26.51	1
7	145	AZRIL IMAN BIN MOHD IKHWAN	BEECITY SQUAD	27.02	2
5	303	DHARSHAN TAN SISUBALAN	MBPJ	28.72	3
4	160	MUHAMMAD AIDIL HAIQAL BIN MUHAMAD ZUKERI	D'KLAPSS	30.89	4
6	247	LEWIS RETNA RAJ	ROYAL SELANGOR CLUB	30.94	5
DNS	406	AARON AHMAD BIN AHMAD	HR CLUB		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.20 pg	206/5	200m	Lelaki 13-15	SARINGAN 5/5	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
6	361	NUR MUHAMMAD AZHAD BIN J	TCH ATHLETICS CLUB	25.17	1
7	441	NG ZHONG HAO	CHK ATHLETICS	25.33	2
8	538	THIRTHAA A/L PARKAMESWARAN	ORKID DESA KL	27.40	3
5	128	PANG JIA ZHENG	KAWAN ATHLETICS	27.86	4
DNS	118	AARUSH MEHTA	BARRACUDA ATHLETICS ACADEMY		
DNS	52	LUKE DIVASH DEROZARIO	FALCON ATHLETICS		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.40 pg	207	400m	Perempuan 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
6	356	QASEY AIMY BINTI MOHD NOR H	BAGAN DATUK AA	64.64	1
4	467	NICOLE WONG	SMK PEREMPUAN PUDU	68.42	2
7	377	IVANY SREE ROBERT	Coach Keney Run Clinique	75.66	3
3	378	ISHVANY SREE ROBERT	Coach Keney Run Clinique	81.92	4
5	300	SHASHMIETHA VIJAYESVARAN	MBPJ	82.51	5
DNS	524	NUR ASMA'HUSNA BINTI ABDUL	SSN PERAK		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
8.50 pg	208	400m	Lelaki 16-18	akhir	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	302	SAMUEL RUBEN KALU	MBPJ	52.33	1
4	223	MUHAMMAD SHAHRUL EIRFAN BIN ABDULLAH	SMK DONG	53.07	2
7	407	IZZ RAYN BIN AZLAN	HR CLUB	53.19	3
8	394	NIK MUHAMMAD HAZIQ B AHIM	plmsd kuala selangor	53.63	4
5	303	DHARSHAN TAN SISUBALAN	MBPJ	53.91	5
1	170	MUHAMMAD DZIL IGRAM BIN MOHAMMAD NOOR	D'KLAPSS	54.46	6
6	399	AIMAN FITRI B SAIFUL RASIDAN	plmsd kuala selangor	55.23	7
DNS	364	FAWWAZ IRSHAD BIN MOHD FAIZUL	BAGAN DATUK AA		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.00 pg	209	Lompat Kijang	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
6	355	TAN SHI	BEBAS (TAN SHI)	13.81	1
3	268	ADDAM ISKANDAR BIN ABDULLA	TEAM IAC	13.24	2
4	204	MUHAMMAD ADAM MUSTAQQ	TCK/MSS PERAK	13.24	3
5	345	MUHAMMAD SAFWAN BIN ANN	TG ATHLETICS	12.72	4
2	266	LUTHFI EMRE BIN MULYADI	SM SAINS TUANKU MUNAWIR	11.68	5

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
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9.00 pg	210	400m	Wanita Terbuka	AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
6	64	NUR HAIDA SHAZIRA BT AHMAD HASROL	THE HUNTER	65.02	1
5	411	NURIN IMANINA BINTI ABD JALIL	KELAB OLAHRAGA SETIAWANGSA	72.75	2
3	423	Cayla Lim Yucen	CHK ATHLETICS	78.35	3
4	254	KYRA CHEW QIN LING	KELAB OLAHRAGA TITIWANGSA ARASMAJU	81.75	4

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.10 pg	211	400m	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
6	485	NAH SOON ANN	HELP UNIVERSITY	51.94	1
5	413	MUHAMMAD AFFIFARIS BIN MOHAMMAD AZIZAL HISYAM	KELAB OLAHRAGA SETIAWANGSA	53.99	2
4	130	AQIL AMANI BIN MISNI	KAWAN ATHLETICS	54.36	3
3	35	AHMAD IZZUL HARITH BIN JAMIL	BEBAS (AHMAD IZZUL)	56.19	4
DNS	519	RAAM KUMAR	SINGAPORE SPORTS SCHOOL		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.20 pg	212	1500M	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4	173	DELISHA AMANDA BINTI MUHAMMAD	BEECITY SQUAD	5:47.48	1
2	19	MICHAELLA WIDJAYA	W RUNNING TEAM	5:54.02	2
5	462	GOH YOUV WEI	SMK PEREMPUAN PUDU	7:16.65	3
DNS	473	LIEW ZI JIA	SMK PEREMPUAN PUDU		
DNS	120	ALYSSA YIM ZI YI	BARRACUDA ATHLETICS ACADEMY		
DNS	542	NURSYARIPAH BINTI ROZAKI	PDRM		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.30 pg	213	Lontar Peluru	Perempuan 16-18 / 13-15	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	349	IRENA FARISHA BINTI MHD RON	THE HUNTER	11.42	1
1	119	MANUELLA OPONDO	BARRACUDA ATHLETICS ACADEMY	10.10	2
2	291	YAP QINYI	Quantum Athletics	8.62	3

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.30 pg	213	Lontar Peluru	Perempuan 16-18 / 13-15	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	203	NG YI NING	TCK/MSS PERAK	9.43	1

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.35 pg	214	1500M	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	25	JED TEH QI XIAN	W RUNNING TEAM	4:30.54	1
11	317	NADAESSH THEYARAJAN	MAPLE ATHLETICS	4:34.48	2
5	26	IVAN LOONG KAR MAN	W RUNNING TEAM	4:34.64	3
14	386	Ahmad Adlie Irsyad bin Ahmad Ikmal	TCH ATHLETICS CLUB	4:35.50	4
7	67	MUHAMMAD ASRI BIN ABDUL RAHMAN	THE HUNTER	4:45.85	5
13	385	Limarl Adelrick Abdullah	Coach Keney Run Clinique	4:49.12	6
1	01	MUHAMMAD FAIZ HUD BIN ABD JALIL	BEBAS (MUHAMMAD FAIZ HUD)	4:56.20	7
9	214	AMER FIRASH ISAAC ZUHAYR BIN AMER FAHMIE	BEBAS	5:00.19	8
8	172	MUHAMMAD IMAN RAYYAN BIN MAZURUL	D'KLAPSS	5:00.93	9
16	503	DARWISY IQBAL NOORDIN BIN MUHAMMAD ZAHLAN	SMK NILAI IMPIAN	5:01.85	10
3	121	JACOB NIDES	BARRACUDA ATHLETICS ACADEMY	5:05.09	11
12	334	CHONG HWEE YU	KAWAN ATHLETICS	5:06.15	12
4	171	MUHAMMAD HARIZ BIN ANAS NUR SAIFUDDIN	D'KLAPSS	5:22.87	13
10	267	MUHAMMAD AMIR HAZIQ BIN GHAZALI	KELAB KAMULE	5:47.79	14
DNS	31	LEE YI ZER	Little Grappy Running Academy		
DNS	403	MUHAMMAD ZAFRAN AZIZUL	BEBAS		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
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9.50pg		215/1	200m	Perempuan 10-12	S/AKHIR 1/2	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	
3	490	Carissa Hoh	SMK PEREMPUAN PUDU	29.71	1	
4	09	NUR LIYANA BINTI KHAIRUL MUJ	SERI PERMAISURI ATHLETIC	30.28	2	
5	124	ZIA ALISYA BINTI MOHAMAD FAI	KAWAN ATHLETICS	31.00	3	
6	433	LEE KAR MUN	CHK ATHLETICS	31.59	4	
7	42	ZARA MELANIE LIM SU ERN	FALCON ATHLETICS	31.98	5	
2	136	SUMAYYAH BINTI MUHAMMAD	BEECITY SQUAD	32.11	6	
8	113	ISLA SHORT	BARRACUDA ATHLETICS ACADEMY	32.95	7	
1	431	EMILY WONG LI YI	CHK ATHLETICS	33.27	8	

MASA		NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
9.50pg		215/2	200m	Perempuan 10-12	S/AKHIR 2/2	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	
4	200	NUR ALEYA MIASARA BT MOHA	TCK/MSS PERAK	29.93	1	
3	41	ALYSSA GOH XIN QING	FALCON ATHLETICS	29.95	2	
5	43	ALEAH CHE WAN BINTI IWAN CH	FALCON ATHLETICS	31.22	3	
7	318	Ang Shi Wen	SJKC Puay Chai 2	32.10	4	
6	326	CHELLYN JENNE ANAK CLIFF SANGA	DOJ ATHLETICS	32.64	5	
8	327	JOSEPHINE LAW RU YEE	DOJ ATHLETICS	32.74	6	
2	432	YIM SZI LIN	CHK ATHLETICS	32.93	7	
1	135	LOW VINCY	BEECITY SQUAD	34.02	8	

MASA		NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.00 pg		216/1	200m	Lelaki 10-12	S/AKHIR 1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	
2	10	MUHAMMAD FAHRIN NAJMI BIN MOHD SHUKRI	SERI TASIK ATHLETIC	28.53	1	
7	358	AMIR ASYRAF BIN MOHD NIZAM	TCH ATHLETICS CLUB	30.29	2	
3	189	CHAI KAI JER	SJKC KEPONG 1	30.30	3	
5	308	WONG KAI ZHENG	SEKOLAH RENDAH SATHYA SAI	31.84	4	
4	139	MUHAMMAD AFIQUE ADAM BIN MOHD AMIRUDIN	BEECITY SQUAD	32.49	5	
8	516	Darshivan a/p Lavanesh	Dr. Lavaanesh	36.20	6	
DNS	195	CHESTER LIM CHEE HINS	SJKC KEPONG 1			

MASA		NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.00 pg		216/2	200m	Lelaki 10-12	S/AKHIR 2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	
6	374	Luke Odreck Tinggai Anak Lizstern	Coach Keney Run Clinique	27.09	1	
5	320	MUHAMMAD BAIHAQI HANI BIN	SK SEKSYEN 24	29.36	2	
8	188	YIP QIN YAN	SJKC KEPONG 1	29.72	3	
4	279	EMEER IDRAKI SIRHAN BIN MOH	PLN PUTRAJAYA	29.79	4	
2	191	EDWARD LIM JUN CHEN71)	SJKC KEPONG 1	32.71	5	
3	115	EZRA ARAMIZ	BARRACUDA ATHLETICS ACADEMY	36.72	6	
7	517	NISHAANNTH ABEL PULAINTHIRI	BEBAS	52.83	7	

MASA		NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.00 pg		216/3	200m	Lelaki 10-12	S/AKHIR 3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	
6	280	MIKHAIL RADYALIF BIN MOHD R	PLN PUTRAJAYA	28.50	1	
5	116	HARRIS ZIEHER ABDULLAH	BARRACUDA ATHLETICS ACADEMY	31.23	2	
4	192	LEE MENG FENG	SJKC KEPONG 1	31.53	3	
7	322	MUHAMMAD AKEEL BIN MOHD	SK SEKSYEN 24	33.09	4	
2	310	SIDDARTH SASHIDARAN	SK SATHYA SAI	34.37	5	
8	435	YIM CZE HYM	CHK ATHLETICS	35.38	6	
3	140	MUHAMMAD FATEH AZ-ZUHDI	BEECITY SQUAD	37.03	7	

MASA		NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.20 pg		217/1	200m	Perempuan 13-15	S/AKHIR 1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	

8	410	NUR ALEESYA MIA SARA MOHAN	PO MEDIAN	29.83	1
4	154	NURAMISYA AKMAR BINTI AHM	D'KLAPSS	30.70	2
7	460	GUN XIN YI	SMK PEREMPUAN PUDU	31.73	3
1	45	LIM PEI YAO	FALCON ATHLETICS	32.29	4
2	457	GAN RUI QI	SMK PEREMPUAN PUDU	34.33	5
6	372	PUTRI ELLISSA QISTINA BT MOHD IZUWAN	SMK PUTRA	37.99	6
5	298	RAASNAPREET KAUR TARMINDE	MBPJ	39.92	7
DNS	117	EMMA CAO	BARRACUDA ATHLETICS ACADEMY		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.20 pg	217/2	200m	Perempuan 13-15	S/AKHIR 2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4	125	KHANAGHE LOHSHINI A/P KUMARA VADIVAE LAN	KAWAN ATHLETICS	30.86	1
3	46	WAN RANYA AYESHA BINTI WAN IMRAN NURMAN	FALCON ATHLETICS	31.74	2
6	332	LOSHANA SAI RAM	KAWAN ATHLETICS	32.07	3
2	246	PRISSHA ANEeka RAJ	ROYAL SELANGOR CLUB	33.95	4
8	458	LAW KAH HUI	SMK PEREMPUAN PUDU	34.70	5
5	455	ANGEL CHAN XIN RU	SMK PEREMPUAN PUDU	35.01	6
1	518	HARNI KUMAR	SMK NILAI IMPIAN	35.06	7
DNS	376	AISYAH NOR HABRIYAH BT ARIFFUDDIN	Coach Keney Run Clinique		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.20 pg	217/3	200m	Perempuan 13-15	S/AKHIR 3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7	63	WONG RUO HAN	THE HUNTER	28.16	1
8	141	NUR IRDINA SYAUQINA BINTI GH	BEECITY SQUAD	28.56	2
3	282	NUR ARISSA ZAHRA BINTI ABDU	PLN PUTRAJAYA	30.68	3
5	404	FATHIA FAQIHAN BTE ABD RAHIM	HR CLUB	31.47	4
1	554	ZOEY HO SZE MUN	TEAM ANTELOPE ATHLETICS	33.66	5
2	459	JANELL YONG SZE YAA	SMK PEREMPUAN PUDU	34.31	6
6	456	JAYNIE YONG ERN YAA	SMK PEREMPUAN PUDU	34.80	7
DNS	367	ATHRISYA ANNDRINA BT RAENY	IKA TEAM		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.30 pg	218	Lompat Jauh	Lelaki 10-12	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
5	531	TAN JIAN LOONG	SJKC YUK CHAI	5.96	1
2	530	LOW GA ONN	SJKC YUK CHAI	5.44	2
10	532	WANG KAR SHENG	SJKC YUK CHAI	4.96	3
4	320	MUHAMMAD BAIHAQI HANI BIN	SK SEKSYEN 24	4.69	4
8	188	YIP QIN YAN	SJKC KEPONG 1	4.63	5
12	214	AMER FIRASH ISAAC ZUHAYR BIN	BEBAS	4.56	6
1	358	AMIR ASYRAF BIN MOHD NIZAM	TCH ATHLETICS CLUB	4.32	7
11	191	EDWARD LIM JUN CHEN71)	SJKC KEPONG 1	4.17	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.40 pg	219/1	200m	Lelaki 13-15	S/AKHIR 1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	551	LEE TIAN LE	BEBAS (MELAKA)	23.79	1
4	347	MUHAMMAD HAFIZ RAIS BIN KAMARUDDIN	THE HUNTER	24.35	2
5	304	MONIVTAN SISUBALAN	MBPJ	25.20	3
7	286	MUHAMMAD ADAM HADZIQ BIN ABDULLAH SANI	PLN PUTRAJAYA	25.91	4
1	144	MUHAMMAD ARYAN ROSHAN BIN MOHD FAIRUZ	BEECITY SQUAD	26.00	5
6	47	TENG KAI ZHE	FALCON ATHLETICS	26.13	6
8	62	ADAM DANISH BIN ZULRAIDI WEE	SMK SEKSYEN 18	26.53	7
2	128	PANG JIA ZHENG	KAWAN ATHLETICS	28.47	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.40 pg	219/2	200m	Lelaki 13-15	S/AKHIR 2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	284	MUHAMMAD HAZIM BIN SAKRI	PLN PUTRAJAYA	24.43	1
4	53	RORY JASON CHAN	FALCON ATHLETICS	24.68	2
5	269	Muhammad Haziq bin Abdul Halim	SMK SERI TASIK	25.06	3
6	163	MUHAMMAD HARITH ARDANI BIN HAMIZAN	D'KLAPSS	25.43	4
7	54	DEVADARSYAN KUMAR	FALCON ATHLETICS	25.50	5
8	129	ADIEL AMRAN BIN ALI AZMAN	KAWAN ATHLETICS	26.21	6
1	538	THIRTHAA A/L PARKAMESWARAN	ORKID DESA KL	27.59	7
2	127	MOHAMAD AIDAN ILHAN	KAWAN ATHLETICS	28.12	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
10.40 pg	219/3	200m	Lelaki 13-15	S/AKHIR 3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	388	UQAIL HANI B SHAHA BAHA	plmsd kuala selangor	24.59	1
5	441	NG ZHONG HAO	CHK ATHLETICS	24.94	2
4	361	NUR MUHAMMAD AZHAD BIN J	TCH ATHLETICS CLUB	25.26	3
6	143	AHMAD HAKIIM BIN CHE MURAT	BEECITY SQUAD	26.31	4
7	126	HON ZHONG QUAN	KAWAN ATHLETICS	27.09	5
8	145	AZRIL IMAN BIN MOHD IKHWAN	BEECITY SQUAD	27.74	6
1	50	ISAAC TEOH JIUN MING	FALCON ATHLETICS	27.80	7
DNS	496	HARIZ FANHAZ BIN HARUN	SMK NILAI IMPIAN		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
11.00 pg	220/1	200m	Perempuan 16-18	S/AKHIR 1/2	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
3	166	ALYA ACHOM DINTAZMAN	D'KLAPSS		
4					
5					
6					
7					
8					

**FINAL**

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
11.00 pg	220/2	200m	Perempuan 16-18	S/AKHIR 2/2	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1					
2					
3	377				
4	472				
5	259				
6	379				
7	470	YONG JIE ROU	SMK PEREMPUAN PUDU		
8					

**FINAL**

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
11.20 pg	221/1	200m	Lelaki 16-18	S/AKHIR 1/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	353	MUHAMMAD FIROSS BIN MOHD FAIZAL	THE HUNTER	24.04	1
2	302	SAMUEL RUBEN KALU	MBPJ	24.06	2
6	60	BRYAN CHONG KAH CHUN	FALCON ATHLETICS	24.74	3
4	56	RAHUL RAJASWARAN	FALCON ATHLETICS	24.89	4

5	398	MUHAMMAD ZARIF ZIKRY B MU	plmsd kuala selangor	25.57	5
8	273	Muhammad Aimmim Aizat Bin N	SMK SERI TASIK	26.46	6
DNS	260	BRYTON FOONG WEI HAO	KELAB OLAHRAGA TITIWANGSA ARASMAJU		
DNS	555	Yap Chong Yi	TEAM ANTELOPE ATHLETICS		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
11.20 pg	221/2	200m	Lelaki 16-18	S/AKHIR 2/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	350	EMMANUEL MUPHY JOSBERT	THE HUNTER	23.01	1
4	391	PUTERA AHMAD DARWISY B AHMAD FAIZ	plmsd kuala selangor	23.52	2
2	287	AZEEM ISYRAF BIN AZRI	PLN PUTRAJAYA	24.27	3
8	399	AIMAN FITRI B SAIFUL RASIDAN	plmsd kuala selangor	25.37	4
7	147	NEALFAIZ ADAM BIN MOHAMAD NAZRUL NAZIB	BEECITY SQUAD	26.05	5
5	57	DAVID CHUA JIN XUAN	FALCON ATHLETICS	29.32	6
DNS	261	NG ZHI SEN	KELAB OLAHRAGA TITIWANGSA ARASMAJU		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
11.20 pg	221/3	200m	Lelaki 16-18	S/AKHIR 3/3	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
6	351	MUHAMMAD AQIL LUQMAN BIN MOHD AZLAN	THE HUNTER	23.65	1
7	393	MUHAMMAD HAZIQ B MOHD A	plmsd kuala selangor	23.86	2
4	272	Mohd Farhan Syafwan Bin Sham	SMK SERI TASIK	24.58	3
2	58	CHOONG JIA TUNG	FALCON ATHLETICS	24.87	4
8	508	ABDUL AZIZ BIN AHMAD SIROJI	SMK DUHA (PLD REMBAU)	24.97	5
5	288	ISKANDAR ZULKARNAIN BIN MO	PLN PUTRAJAYA	25.70	6
3	168	AHMAD RIDWAN BIN RASHI AKHBAR	D'KLAPSS	26.17	7

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
11 40 pg	222/1	80m LARI BERPAGAR	Lelaki 10-12	S/AKHIR 1/2	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
6	321	NORAZMI FAIZ HAIQAL BIN NOR	SK SEKSYEN 24	14.56	1
8	192	LEE MENG FENG	SJKC KEPONG 1	16.82	2
5	310	SIDDARTH SASHIDARAN	SEKOLAH RENDAH SATHYA SAI	17.13	3
4	189	CHAI KAI JER	SJKC KEPONG 1	17.20	4
3	116	HARRIS ZIEHER ABDULLAH	BARRACUDA ATHLETICS ACADEMY	18.18	5
DNS	529	LIM JUN WEN	SJKC YUK CHAI		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
11 40 pg	222/2	80m LARI BERPAGAR	Lelaki 10-12	S/AKHIR 2/2	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4	201	AHMAD KAMIL B AHMAD ROSLA	TCK/MSS PERAK	12.70	1
5	434	WONG ZI XIANG	CHK ATHLETICS	16.50	2
7	319	Darius Foo Chuan Jun	SJKC Puay Chai 2	16.53	3
6	191	EDWARD LIM JUN CHEN71)	SJKC KEPONG 1	16.54	4
3	140	MUHAMMAD FATEH AZ-ZUHDI	BEECITY SQUAD	18.87	5

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
12.00 tgh	223/1	110m LARI BERPAGAR	Lelaki 13-15	S/AKHIR 1/2	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	16	MUHAMMAD FARREL IZZAT BIN AZWAN	SMK TAMAN DESA, RAWANG	15.63	1
7	387	MUHAMMAD ADAM DANISH B ABDULLAH	plmsd kuala selangor	16.06	2
5	283	MUHAMMAD AMSYAR IRSYAD BIN ZAINUDIN	PLN PUTRAJAYA	16.82	3
6	359	MUHAMMAD HAFIZ BIN MOHD HERMAN	TCH ATHLETICS CLUB	19.16	4
2	142	MOHAMMAD UMAR FAROOQ BIN MOHAMAD FARED	BEECITY SQUAD	19.46	5
3	165	FAZRUL BIN BAKRI YUSUF KASMIN	D'KLAPSS	19.89	6
DNS	205	MUHAMMAD AQIL HAFIZI ABDUL TALIB	TCK/MSS PERAK		
DNS	495	MUHAMMAD AISY FAHIM BIN AFFENDY	SMK NILAI IMPIAN		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
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12.00 tgh	223/2	100m LARI BERPAGAR	Lelaki 13-15	S/AKHIR2/2	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4	204	MUHAMMAD ADAM MUSTAQQ	TCK/MSS PERAK	15.18	1
6	347	MUHAMMAD HAFIZ RAIS BIN KAMARUDDIN	THE HUNTER	15.53	2
5	206	MUHAMMAD ALIF B YUSMAN	TCK/MSS PERAK	17.04	3
8	390	MUHAMMAD SHAFIZAT B SHA	plmsd kuala selangor	18.28	4
3	161	MUHAMMAD FIRAS DANIEL BIN MOHD SAZALI	D'KLAPSS	22.69	5
DNS	105	MUHAMMAD AMIR AQIL BIN HA	SMK KOMPLEKS KLIA		
DNS	362	ALIFF ASYRAF B. AZIZUL	TCH ATHLETICS CLUB		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
2.00 ptg	224	Lompat Tinggi	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	262	EVA THU FIAI XUAN	KELAB OLAHRAGA TITIWANGSA ARASMAJU		
3	109	YAP SEAN YEE	MALAYSIA ATHLETICS FEDERATION	1.58	1
2	65	ROWENA YEOH WEY NA	THE HUNTER	1.55	2
4	253	NG SEE JI	KELAB OLAHRAGA TITIWANGSA ARASMAJU		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
2.00 ptg	225	Lompat Jauh	Perempuan 10-12	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	198	NUR DAMIA BT MOHD ZULRAINI	TCK/MSS PERAK	4.52	1
2	200	NUR ALEYA MIASARA BT MOHAMAD FAIZ	TCK/MSS PERAK	4.16	2
3	326	CHELLYN JENNE	DOJ ATHLETICS	4.14	3
4	43	ALEAH CHE WAN BINTI IWAN CHE WAN	FALCON ATHLETICS	4.14	4
5	432	YIM SZI LIN	CHK ATHLETICS	3.64	5
6	113	ISLA SHORT	BARRACUDA ATHLETICS ACADEMY	3.45	6
7	185	LIEW YING YI JENETTE	SJKC KEPONG 1	3.43	7
8	420	Tan ZinRu	CHK ATHLETICS	3.37	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
2.30 ptg	226	110m LARI BERPAGAR	Lelaki 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4	352	AHMAD FAKHRUL AIZAD BIN AHMAD FARIZAL	THE HUNTER	14.59	1
5	395	MUHAMMAD ZARITH AKHTAR B OTHMAN	plmsd kuala selangor	15.31	2
7	507	MUHAMMAD HAFIZUDDIN BIN MUHAMAD FAIZAL	SMK DUHA (PLD REMBAU)	15.99	3
6	270	Muhammad Adib Hazwan Bin Abdul Halim	SMK SERI TASIK	18.51	4

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
2.45 ptg	227	110m LARI BERPAGAR	Lelaki 13-15	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	347	MUHAMMAD HAFIZ RAIS BIN KAMARUDDIN	THE HUNTER	15.00	1
1	204	MUHAMMAD ADAM MUSTAQQ	TCK/MSS PERAK	15.01	2
3	16	MUHAMMAD FARREL IZZAT BIN AZWAN	SMK TAMAN DESA, RAWANG	15.44	3
4	387	MUHAMMAD ADAM DANISH B ABDULLAH	plmsd kuala selangor	16.01	4
6	206	MUHAMMAD ALIF B YUSMAN	TCK/MSS PERAK	16.25	5
5	283	MUHAMMAD AMSYAR IRSYAD BIN ZAINUDIN	PLN PUTRAJAYA	16.40	6
7	390	MUHAMMAD SHAFIZAT B SHA	plmsd kuala selangor	17.53	7
8	359	MUHAMMAD HAFIZ BIN MOHD HERMAN	TCH ATHLETICS CLUB	19.19	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.00 ptg	228	100m LARI BERPAGAR	Perempuan 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
5	348	ALYA AMYRA HANIS BINTI HAMRIN	THE HUNTER	17.48	1
DNS	211	FARAH SYAKIRA BT AZIFSAFARIN	TCK/MSS PERAK		
DNS	252	NURIZZATUL SAKINAH BINTI MOHD BOHRINUDDIN	IKA TEAM		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
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3.15 ptg		229	100m LARI BERPAGAR	Perempuan 13-15	AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA		PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
5	346	HUZMA NUR AMANIE BINTI NOF		THE HUNTER	16.67	1
6	438	AMAL ZAFEERA BINTI MAHFIDZ		CHK ATHLETICS	18.36	2
4	281	NURUL HANA BINTI HAMALI		PLN PUTRAJAYA	18.60	3
3	125	KHANAGHE LOHSHINI A/P KUMA		KAWAN ATHLETICS	21.80	4

MASA		NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 ptg		230	Lompat Jauh	Perempuan 13-15	AKHIR	
BIL/LOR	NO BIB	NAMA		PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
1	63	WONG RUO HAN		THE HUNTER	5.35	1
12	440	QUAH YI EN		CHK ATHLETICS	5.02	2
10	196	LIEW YING EN JENELLE		SJKC KEPONG 1	4.90	3
7	410	NUR ALEESYA MIA SARA MOHAN		PO KERIAN	4.65	4
15	281	NURUL HANA BINTI HAMALI		PLN PUTRAJAYA	4.47	5
8	436	Clarice Chan Wai Yan		CHK ATHLETICS	4.46	6
9	97	NUR FARHA QAISARA BINTI MUH		SMK SHAH ALAM	4.42	7
6	375	Jenna Estilina Herrera		Coach Keney Run Clinique	4.10	8

MASA		NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 ptg		231	Rejam Lembing	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA		PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4	243	MOHAMMAD LUQMAN BIN MO		PDRM	43.19	1
9	242	MUHAMMAD EDIASYAMIN BIN		PDRM	40.55	2
6	366	TAN DONG MENG		WINGS TEAM	40.37	3
5	336	MUHAMMAD AKIF NUBLAN BIN		JESS ATHLETICS	40.15	4
2	08	AHMAD TASHRIK ADHA BIN ASR		BROTHER SQUAD	38.63	5
3	91	MUHAMMAD RAFIQ BIN MOKH		SMK SHAH ALAM	38.23	6
1	337	EIDIL SYAQUAN BIN AZIS		JESS ATHLETICS	35.56	7
8	112	MUHAMMAD DANISH SAPARUN		MASBRO GANG	29.66	8
7	446	Lim Kok Leong		CHK ATHLETICS		

MASA		NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.30 ptg		232	80m L/Berpagar	Perempuan 10-12	AKHIR	
BIL/LOR	NO BIB	NAMA		PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4	198	NUR DAMIA BT MOHD ZULRAIN		TCK/MSS PERAK	14.29	1
3	78	NUR WAFA AWLIYA BINTI		SRISEPS T&F TEAM	17.32	2
DQ	77	MUHAMMAD FARID NISREEN SAFFIYA BINTI KHAIRIL AZLILIN		SRISEPS T&F TEAM		
DNS	199	CINTA AZ ZAHRA BT MOHD ZAIN		TCK/MSS PERAK		

MASA		NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
3.10ptg		233	80m LARI BERPAGAR	Lelaki 10-12	AKHIR	
BIL/LOR	NO BIB	NAMA		PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	201	AHMAD KAMIL B AHMAD ROSLA		TCK/MSS PERAK	12.59	1
1	192	LEE MENG FENG		SJKC KEPONG 1	15.94	2
5	434	WONG ZI XIANG		CHK ATHLETICS	15.96	3
8	189	CHAI KAI JER		SJKC KEPONG 1	16.12	4
6	319	Darius Foo Chuan Jun		SJKC Puay Chai 2	16.23	5
7	191	EDWARD LIM JUN CHEN71)		SJKC KEPONG 1	16.76	6
2	310	SIDDARTH SASHIDARAN		SEKOLAH RENDAH SATHYA SAI	17.43	7
DQ	321	NORAZMI FAIZ HAIQAL BIN NOR		SK SEKSYEN 24		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
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3.55ptg		234	200m	Perempuan 10-12	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	
2	490	Carissa Hoh	SMK PEREMPUAN PUDU	29.37	1	
3	41	ALYSSA GOH XIN QING	FALCON ATHLETICS	29.62	2	
8	200	NUR ALEYA MIASARA BT MOHA	TCK/MSS PERAK	29.89	3	
4	09	NUR LIYANA BINTI KHAIRUL MU	SERI PERMAISURI ATHLETIC	30.70	4	
5	124	ZIA ALISYA BINTI MOHAMAD FA	KAWAN ATHLETICS	30.77	5	
1	43	ALEAH CHE WAN BINTI IWAN CH	FALCON ATHLETICS	31.03	6	
7	42	ZARA MELANIE LIM SU ERN	FALCON ATHLETICS	31.39	7	
6	433	LEE KAR MUN	CHK ATHLETICS	31.71	8	

4.05 ptg		235	200m	Lelaki 10-12	AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	
3	374	Luke Odreck Tinggai Anak Lizsthern	Coach Keney Run Clinique	26.81	1	
5	10	MUHAMMAD FAHRIN NAJMI BIN MOHD SHUKRI	SERI TASIK ATHLETIC	27.19	2	
4	280	MIKHAIL RADYALIF BIN MOHD R	PLN PUTRAJAYA	28.03	3	
6	320	MUHAMMAD BAIHAQI HANI BIN	SK SEKSYEN 24	29.49	4	
7	188	YIP QIN YAN	SJKC KEPONG 1	29.94	5	
2	358	AMIR ASYRAF BIN MOHD NIZAM	TCH ATHLETICS CLUB	30.65	6	
1	116	HARRIS ZIEHER ABDULLAH	BARRACUDA ATHLETICS ACADEMY	31.28	7	
DNS	279	EMEER IDRABI SIRHAN BIN MOH	PLN PUTRAJAYA			

4.15 pg		236	200m	Perempuan 13-15	AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	
3	63	WONG RUO HAN	THE HUNTER	28.24	1	
4	141	NUR IRDINA SYAUQINA BINTI GH	BEECITY SQUAD	28.52	2	
5	410	NUR ALEESYA MIA SARA MOHAN	PO MEDIAN	29.76	3	
7	154	NURAMISYA AKMAR BINTI AHM	D'KLAPSS	30.08	4	
6	282	NUR ARISSA ZAHRA BINTI ABDU	PLN PUTRAJAYA	30.39	5	
8	125	KHANAGHE LOHSHINI A/P KUMARA VADIVAEAN	KAWAN ATHLETICS	30.70	6	
1	404	FATHIA FAQIHAH BTE ABD RAHIM	HR CLUB	30.89	7	
2	46	WAN RANYA AYESHA BINTI WAN IMRAN NURMAN	FALCON ATHLETICS	32.22	8	

4.25 ptg		237	200m	Lelaki 13-15	AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	
3	551	LEE TIAN LE	BEBAS (MELAKA)	23.35	1	
4	347	MUHAMMAD HAFIZ RAIS BIN KAMARUDDIN	THE HUNTER	23.88	2	
5	284	MUHAMMAD HAZIM BIN SAKRI	PLN PUTRAJAYA	24.05	3	
6	388	UQAIL HANI B SHAHA BAHA	plmsd kuala selangor	24.29	4	
7	53	RORY JASON CHAN	FALCON ATHLETICS	24.37	5	
8	441	NG ZHONG HAO	CHK ATHLETICS	24.89	6	
1	304	MONIVTAN SISUBALAN	MBPJ	25.05	8	
2	269	Muhammad Haziq bin Abdul Halim	SMK SERI TASIK	25.05	7	

4.30 ptg		238	Lompat Jauh	Lelaki 13-15	AKHIR	CATATAN
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN	
12	100	AHMAD BAIHAQI BIN AZMEI	SMK SHAH ALAM	6.33	1	
14	522	MUHAMAD IRFAN BIN NORIZAL	SSN PERAK	6.05	2	
4	521	HA'IM DARWISY HAMSRYARI BIN MOHD RASHIDI	SSN PERAK	5.87	3	

7	523	DANISH HEZRICK BIN MAXON	SSN PERAK	5.86	4
15	260	BRYTON FOONG WEI HAO	KOTA	5.75	5
5	16	MUHAMMAD FARREL IZZAT BIN AZWAN	SMK TAMAN DESA, RAWANG	5.64	6
6	101	MUHAMMAD ALIF MUHAIMIN B	SMK SHAH ALAM	5.06	7
13	257	NG TI SHAWN	KELAB OLAHRAGA TITIWANGSA ARASMAJU	4.78	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.30 ptg	239	Lempar Cakera	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
2	177	MUHAMMAD FIRYAL ASYQIL BIN	UNIVERSITI PUTRA MALAYSIA	38.57	1
1	92	NITISHWARAN A/L SURESH	SMK SHAH ALAM	33.32	2
3	245	MUHAMMAD AKMAL BIN MUHA	TAAC	30.48	3

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.35 ptg	240	200m	Perempuan 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7	166	ALYA ASHIQIN BINTI AZMAN	D'KLAPSS	30.28	1
2	377	IVANY SREE ROBERT	Coach Keney Run Clinique	30.86	2
3	465	TEJASVI	SMK PEREMPUAN PUDU	31.09	3
5	470	YONG JIE ROU	SMK PEREMPUAN PUDU	31.87	4
6	471	WO WEI XI	SMK PEREMPUAN PUDU	32.64	5
4	378	ISHVANY SREE ROBERT	Coach Keney Run Clinique	34.02	6
8	472	SITI NAZWA	SMK PEREMPUAN PUDU	34.46	7

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.45 ptg	241	200m	Lelaki 16-18	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
7	353	MUHAMMAD FIROSS BIN MOHD FAIZAL	THE HUNTER	22.13	1
3	350	EMMANUEL MUPHY JOSBERT	THE HUNTER	22.83	2
4	391	PUTERA AHMAD DARWISY B AHMAD FAIZ	plmsd kuala selangor	23.23	3
5	351	MUHAMMAD AQIL LUQMAN BIN MOHD AZLAN	THE HUNTER	23.39	4
2	287	AZEEM ISYRAF BIN AZRI	PLN PUTRAJAYA	23.73	5
6	393	MUHAMMAD HAZIQ B MOHD A	plmsd kuala selangor	24.45	6
1	272	Mohd Farhan Syafwan Bin Sham	SMK SERI TASIK	24.57	7
8	302	SAMUEL RUBEN KALU	MBPJ	25.73	8

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
4.55 ptg	242	200m	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	478	CHAN TONG FEI	HELP UNIVERSITY	28.37	1
6	482	LIM KAI TONG	HELP UNIVERSITY	30.60	2
7	483	WONG ZI SAN	HELP UNIVERSITY	31.06	3
4	479	ONG JAS MIN	HELP UNIVERSITY	31.17	4
DNS	64	NUR HAIDA SHAZIRA BT AHMAD	THE HUNTER	T/Diri	

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
5.05ptg	243	200m	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
5	68	KANISHKANN A/L NATHAN	THE HUNTER	22.40	1
3	241	MUHAMMAD NOORHAYYAT BIN	Solo Club	22.98	2
6	148	AHMAD HANIS AZFAR BIN MOH	BEECITY SQUAD	23.13	3
1	486	NGEOW DEY REN	HELP UNIVERSITY	23.27	4
4	305	HARRISH POOBALAN	MBPJ	24.92	5
8	484	ADRIEL YONG JOON KIT	HELP UNIVERSITY	25.31	6
7	412	MUHAMMAD AMEER YUSOFF BI	KELAB OLAHRAGA SETIAWANGSA	26.41	7
DNS	543	MUHAMMAD DIN BIN NORBIK	PDRM		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
5.15 ptg	244	3,000m L/Berhalangan	Lelaki Terbuka	AKHIR	

BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3	556	MUHAMMAD NURAMMAR BIN MOHAMMA IKBAL	Coach Keney Run Clinique	11:04.23	1
1	01	MUHAMMAD FAIZ HUD BIN ABD	BEBAS (MUHAMMAD FAIZ HUD)	12:59.24	2
DNS	03	SYAFIQ BIN MUHAMMAD IMRAI	BEBAS (SYAFIQ)		

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
5.30 ptg	245	4 x 400m LARI BERGANTI-GANTI	Wanita Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
3		W RUNNING TEAM	D'KLAPSS	4:36.90	1
4		SMK PEREMPUAN PUDU	SMK PEREMPUAN PUDU	5:03.90	2
5		COACH KENEY RUN CLINIQUE	COACH KENEY RUN CLINIQUE	5:23.55	3

MASA	NO ACARA	ACARA	KATEGORI	TAHAP	CATATAN
5.40 ptg	246	4 x 400m LARI BERGANTI-GANTI	Lelaki Terbuka	AKHIR	
BIL/LOR	NO BIB	NAMA	PASUKAN	MASA/JARAK/TINGGI	KEPUTUSAN
4		Coach Keney Run Clinique	Coach Keney Run Clinique	3:39.25	1
2		MBPJ	MBPJ	3:43.11	2
3		D'KLAPSS	D'KLAPSS	3:53.14	3
5		SMK NILAI IMPIAN	SMK NILAI IMPIAN	3:58.37	4

